Shabbat Shalom from Temple Sinai!

This is for the Kabbalat Shabbat Service
for Friday, November 13, 2026.

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of *Mishkan T'filah*, our siddur.

Shabbat Shalom!

* Rabbi Benjamin Zober *

* Rabbi Emerita Myra Soifer *

NIGGUN

a wordless melody

as we center ourselves for Shabbat

I begin with a prayer of gratitude
for all that is holy in my life.
God needs no words, no English or Hebrew,
no semantics and no services.
But I need them.
Through prayer, I can sense my inner strength,
my inner purpose,
my inner joy, my capacity to love.

As I reach upward in prayer,
I sense these qualities in my Creator.
To love God is to love each other,
to work to make our lives better.
To love God is to love the world God created
and to work to perfect it.
To love God is to love dreams of peace and joy
that illumine all of us,
and bring that vision to life.

Baruch atah Adonai

Eloheinu, Melech haolam,

asher kid'shanu b'mitzvotav,

v'tzivanu l'hadlik

ner shel Shabbat.

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,

וְצִוָּנוּ לְהַדְלִיק

נֵר שֶׁל שַׁבָּת.

Blessed are You, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

HINEIH MAH TOV

Hineih mah tov u'mah na-im

Shevet achim/achot gam yachad.

הִנֵּה מַה־טּוֹב וּמַה־נָּעִים

שֶׁבֶת אַחִים/אַחוֹת גַּם־יָחַד.

How good and how pleasant it is that
brothers and sisters dwell together.

(Psalm 133:1)

MAH YAFEH HAYOM

Mah yafeh hayom,

Shabbat Shalom.

מַה יָּפֶה הַיּוֹם,

שַׁבָּת שָׁלוֹם.

How lovely today is,

Shabbat Shalom.

Ya’aloz Sadai- PSALM 96:12

יַעֲלֹז שָׂדַי וְכָל־אֲשֶׁר־בּוֹ
אָז יְרַנְּנוּ כָּל־עֲצֵי־יָעַר

Ya'aloz sadai v'khol asher bo
Az y'ranenu kol atsei ya'ar

The fields and everything in them exult;
then shall all the trees of the forest shout for joy.

L'CHAH DODI

(Refrain)

L’chah dodi likrat kalah,

p'nei Shabbat n’kab’lah.

לְכָה דוֹדִי לִקְרַאת כַּלָּה,

פְּנֵי שַׁבָּת נְקַבְּלָה.

Beloved, come to meet the bride;

Beloved, come to greet Shabbat.

(Verse 1)

שָׁמוֹר וְזָכוֹר בְּדִבּוּר אֶחָד,
הִשְׁמִיעָנוּ אֵל הַמְיֻחָד,
יְיָ אֶחָד וּשְׁמוֹ אֶחָד,
לְשֵׁם וּלְתִפְאֶרֶת וְלִתְהִלָּה.

Shamor v'zachor b'dibur echad,
hishmianu El ham'yuchad,
Adonai echad ush'mo echad, l'shem
ul'tiferet v'lit'hilah.

"Keep" and "remember": a single command
the Only God caused us to hear;
the Eternal is One, God's Name is One;
glory and praise are God's.

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 2)

לִקְרַאת שַׁבָּת לְכוּ וְנֵלְכָה,
כִּי הִיא מְקוֹר הַבְּרָכָה,
מֵרֹאשׁ מִקֶּדֶם נְסוּכָה,
סוֹף מַעֲשֶׂה בְּמַחֲשָׁבָה תְּחִלָּה.

Likrat Shabbat l'chu v'neilcha,
ki hi m'kor hab'rachah,
meirosh mikedem n'suchah,
sof maaseh b'machashava t'chilah.

Come with me to meet Shabbat,
forever a fountain of blessing.
Still it flows, as from the start:
the last days, for which the first was made.

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 3)

Mikdash Melech, ir m'luchah, מִקְדַּשׁ מֶלֶךְ עִיר מְלוּכָה,

kumi tz'l mitoch hahafeichah, קוּמִי צְאִי מִתּוֹךְ הַהֲפֵכָה,

rav lach shevet b'emek habacha, רַב לָךְ שֶׁבֶת בְּעֵמֶק הַבָּכָא,

v'hu yachamol alayich chemlah. וְהוּא יַחֲמוֹל עָלַיִךְ חֶמְלָה.

Royal shrine, city of kings,
rise up and leave your ravaged state.
You have dwelt long enough in the valley of tears;
now God will shower mercy on you.

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 4)

Hitnaari, mei-afar kumi,
livshi bigdei tifarteich ami,
al yad ben Yishai Beit haLachmi,
karvah el nafshi g'alah.

הִתְנַעֲרִי, מֵעָפָר קוּמִי,
לִבְשִׁי בִּגְדֵי תִפְאַרְתֵּךְ, עַמִּי,
עַל יַד בֶּן יִשַׁי בֵּית הַלַּחְמִי,
קָרְבָה אֶל נַפְשִׁי גְּאָלָהּ.

Lift yourself up! Shake off the dust!
Array yourself in beauty, O my people!
At hand is Bethlehem's David, Jesse's son,
bringing deliverance into my life.

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 5)

Hitor'ri, hitor'ri,	הִתְעוֹרְרִי הִתְעוֹרְרִי,
ki va oreich, kumi ori,	כִּי בָא אוֹרֵךְ קוּמִי אְוֹרִי,
uri uri shir dabeiri,	עוּרִי עוּרִי שִׁיר דַּבֵּרִי,
k'vod Adonai alayich niglah.	כְּבוֹד יְיָ עָלַיִךְ נִגְלָה.

Awake, awake,
your light has come!
Arise, shine, awake and sing:
the Eternal's glory dawns upon you.

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 6)

לֹא תֵבֹושִׁי וְלֹא תִכָּלְמִי,
מַה תִּשְׁתֹּוחֲחִי וּמַה תֶּהֱמִי,
בָּךְ יֶחֱסוּ עֲנִיֵּי עַמִּי,
וְנִבְנְתָה עִיר עַל תִּלָּהּ.

Lo teivoshi v'lo tikalmi,
mah tishtochachi umah tehemi,
bach yochesu aniyei ami,
v'nivn'tah ir al tilah.

An end to shame and degradation
forget your sorrow; quiet your groans.
The afflicted of my people find respite in you,
the city renewed upon its ancient ruins.

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 7)

וְהָיוּ לִמְשִׁסָּה שֹׁאסָיִךְ,
וְרָחֲקוּ כָּל מְבַלְּעָיִךְ,
יָשִׂישׂ עָלַיִךְ אֱלֹהָיִךְ,
כִּמְשׂוֹשׂ חָתָן עַל כַּלָּה.

V'hayu lim'shisah shosayich,
v'rachaku kol m'valayich,
yasis alayich Elohayich,
kimsos chatan al kalah.

The scavengers are scattered,
your devourers have fled;
as a bridegroom rejoices in his bride,
your God takes joy in you.

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 8)

יָמִין וּשְׂמֹאל תִּפְרוֹצִי,
וְאֶת־יְיָ תַּעֲרִיצִי,
עַל יַד אִישׁ בֶּן פַּרְצִי,
וְנִשְׂמְחָה וְנָגִילָה.

Yamim usmol tifrotzi,
v'et Adonai taaritzi,
al yad ish ben partzi,
v'nism'chah v'nagilah.

Your space will be broad,
your worship free:
await the promised one;
we will exult, we will sing for joy!

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 9)

Bo-i v'shalom ateret ba'lah,
gam b'simcha uv'tzoholah,
toch emunei am s'gulah,
bo-i challah, bo-i challah.

בּוֹאִי בְשָׁלוֹם עֲטֶרֶת בַּעְלָהּ,
גַּם בְּשִׂמְחָה וּבְצָהֳלָה,
תּוֹךְ אֱמוּנֵי עַם סְגֻלָּה,
בּוֹאִי כַלָּה, בּוֹאִי כַלָּה.

Enter in peace, O crown of your husband;
enter in gladness, enter in joy.
Come to the people that keeps its faith.
Enter, O bride! Enter, O bride!

(Refrain)

לְכָה דוֹדִי לִקְרַאת כַּלָּה,
פְּנֵי שַׁבָּת נְקַבְּלָה.

L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

Yitgadal v’yitkadash sh’meih raba

b’alma di v’ra chiruteih,

v’yamlich malchuteih

b’chayeichon uvyomeichon

uvchayei d’chol beit Yisrael,

baagala uvizman kariv,

v’imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.

בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ,

וְיַמְלִיךְ מַלְכוּתֵהּ

בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,

בַּעֲגָלָא וּבִזְמַן קָרִיב,

וְאִמְרוּ אָמֵן.

Exalted and hallowed be God’s great name, in the world which God created, according to plan. May God’s majesty be revealed in the days of our lifetime and the life of all Israel – speedily, imminently. To which we say: Amen.

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יְהֵא שְׁמֵה רַבָּא מְבָרַךְ
לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

Y’hei sh’meih raba m’varach
l’alam ul-almei almaya.

יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאַר
וְיִתְרוֹמַם וְיִתְנַשֵּׂא,

Yitbarach v’yishtabach, v’yitpaar
v’yitromam v’yitnasei,

וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שְׁמֵה דְּקֻדְשָׁא בְּרִיךְ הוּא,

v’yit-hadar v’yitaleh v’yit-halal
sh’meih d’kudsha b’rich hu,

Blessed be God's great name to all eternity.
Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One,

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l’eila min kol

birchata v’shirata,

tushb’chata v’nechemata,

daamiran b’alma,

v’imru: Amen.

לְעֵלָּא מִן כָּל

בִּרְכָתָא וְשִׁירָתָא,

תֻּשְׁבְּחָתָא וְנֶחֱמָתָא,

דַּאֲמִירָן בְּעָלְמָא,

וְאִמְרוּ: אָמֵן.

Beyond the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen.

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Barchu et Adonai ham’vorach!

Baruch Adonai ham’vorach

l’olam vaed!

בָּרְכוּ אֶת יְיָ הַמְבֹרָךְ!

בָּרוּךְ יְיָ הַמְבֹרָךְ

לְעוֹלָם וָעֶד!

Praise Adonai to whom praise is due forever!

Praised be Adonai to whom praise is due,

now and forever!

Praise to You, Adonai our God,
from whom the evening flows.
Your wisdom sets the way
on which time and season glide;
Your breath guides the sail of the stars.
Creator of the tide of time and light,
You guide the current of day into night.
As heaven spans to infinity,
You set its course for eternity.
Praise to You, Adonai our God,
from whom the evening flows.

בָּרוּךְ אַתָּה יְיָ, הַמַּעֲרִיב עֲרָבִים.

Baruch atah Adonai, hama'ariv aravim.

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Ahavat olam beit Yisrael

amcha ahavta, Torah umitzvot,

chukim umishpatim

otanu limad’ta.

Al kein Adonai Eloheinu,

b’shochbeinu uv’kumeinu

nasiach b’chukecha,

אַהֲבַת עוֹלָם בֵּית יִשְׂרָאֵל
עַמְּךָ אָהָבְתָּ, תּוֹרָה וּמִצְוֹת,
חֻקִּים וּמִשְׁפָּטִים
אוֹתָנוּ לִמַּדְתָּ.
עַל כֵּן יְיָ אֱלֹהֵינוּ,
בְּשָׁכְבֵנוּ וּבְקוּמֵנוּ
נָשִׂיחַ בְּחֻקֶּיךָ,

Everlasting love you offered Your people Israel by teaching us Torah and mitzvot, laws and precepts. Therefore, Adonai our God, when we lie down and when we rise up, we will meditate on Your laws and Your commandments.

v’nismach b’divrei Torat’cha

uv’mitzvotecha l’olam va-ed.

Ki heim chayeinu v’orech yameinu,

uvahem neh’geh yomam valailah.

V’ahavat’cha al tasir

mimenu l’olamim.

Baruch atah Adonai,

oheiv amo Yisrael.

וְנִשְׂמַח בְּדִבְרֵי תוֹרָתְךָ
וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד.
כִּי הֵם חַיֵּינוּ וְאֹרֶךְ יָמֵינוּ,
וּבָהֶם נֶהְגֶּה יוֹמָם וָלָיְלָה.
וְאַהֲבָתְךָ אַל תָּסִיר
מִמֶּנּוּ לְעוֹלָמִים.
בָּרוּךְ אַתָּה יְיָ,
אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

We will rejoice in Your Torah for ever. Day and night we will reflect on them for they are our life and doing them lengthens our days. Never remove Your love from us. Praise to You, Adonai, who loves Your people Israel.

Sh’ma, Yisrael:

Adonai Eloheinu,

Adonai echad!

Baruch shem k’vod

malchuto l’olam va-ed.

שְׁמַע יִשְׂרָאֵל,

יהוה אֱלֹהֵינוּ,

יהוה אֶחָד.

בָּרוּךְ שֵׁם כְּבוֹד

מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Hear O Israel, Adonai is our God, Adonai is One!

Blessed is God’s glorious majesty, forever and ever.

V'ahavta et Adonai Elohecha,

b'chol l'vavcha uv'chol nafsh'cha

uv'chol m'odecha. V'hayu had'varim

ha-eileh asher anochi m'tzav'cha

hayom al l'vavecha.

וְאָהַבְתָּ אֵת יְיָ אֱלֹהֶיךָ,
בְּכָל לְבָבְךָ, וּבְכָל נַפְשְׁךָ,
וּבְכָל מְאֹדֶךָ. וְהָיוּ הַדְּבָרִים
הָאֵלֶּה, אֲשֶׁר אָנֹכִי מְצַוְּךָ
הַיּוֹם, עַל לְבָבֶךָ.

You shall love Adonai your God with all your heart,
with all your soul, and with all your might.
Take to heart these instructions with which I charge you this day.

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וְשִׁנַּנְתָּם לְבָנֶיךָ, וְדִבַּרְתָּ
V'shinantam l'vanecha, v'dibarta

בָּם, בְּשִׁבְתְּךָ בְּבֵיתֶךָ,
bam, b'shivt'cha b'veitecha,

וּבְלֶכְתְּךָ בַדֶּרֶךְ,
uv'lecht'cha vaderech,

וּבְשָׁכְבְּךָ, וּבְקוּמֶךָ.
uv'shochb'cha uv'kumecha.

וּקְשַׁרְתָּם לְאוֹת עַל יָדֶךָ, וְהָיוּ
Uk'shartam l'ot al yadecha, v'hayu

לְטֹטָפֹת בֵּין עֵינֶיךָ. וּכְתַבְתָּם
l'totafot bein einecha. Uch'tavtam

עַל מְזוּזוֹת בֵּיתֶךָ וּבִשְׁעָרֶיךָ.
al m'zuzot beitecha uvish'arecha.

Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

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L'maan tizk'ru, vaasitem et
kol mitzvotai, vih'yitem k'doshim
l'Eloheichem. Ani Adonai Eloheichem,
asher hotzeiti et-chem mei-eretz
Mitzrayim lih'yot lachem l'Elohim
ani Adonai Eloheichem.

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת
כָּל מִצְוֹתָי, וִהְיִיתֶם קְדֹשִׁים
לֵאלֹהֵיכֶם. אֲנִי יְיָ אֱלֹהֵיכֶם,
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ
מִצְרַיִם, לִהְיוֹת לָכֶם לֵאלֹהִים,
אֲנִי יְיָ אֱלֹהֵיכֶם.

Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

All this we hold to be true and trustworthy for us.
You alone are our God, and we are Israel Your people.
You are our Sovereign and Savior,
who delivers us from oppressors' hands
and saves us from the tyrants' fists.
You work wonders without number, marvels beyond count.
You give us life and steady our footsteps.

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You performed miracles for us before Pharaoh,
signs and wonders in the land of the Egyptians;
You led Your people Israel out from their midst to freedom for all time.
When Your children witnessed Your dominance
they praised Your Name in gratitude.
And they accepted Your sovereignty –
Moses, Miriam and all Israel saying to You together,
lifting their voices joyously:

Mi chamochah ba'eilim, Adonai,
Mi kamochah nedar bakodesh,
nora t'hilot, oseih fele!

מִי כָמֹכָה בָּאֵלִם יְיָ,
מִי כָּמֹכָה נֶאְדָּר בַּקֹּדֶשׁ,
נוֹרָא תְהִלֹּת, עֹשֵׂה פֶלֶא.

Who is like You, O God, among the gods that are worshipped?
Who is like You, majestic in holiness,
awesome in splendor, working wonders?

Malchut'cha ra-u vanecha,

bokei-a yam lifnei Moshe.

Zeh Eli, anu v'amru,

Adonai yimloch l'olam va-ed!

מַלְכוּתְךָ רָאוּ בָנֶיךָ,
בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה,
זֶה אֵלִי עָנוּ וְאָמְרוּ:
יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.

Your children witnessed Your sovereignty,
the sea splitting before Moses and Miriam.
"This is our God!" they cried.
"Adonai will reign forever and ever!"

וְנֶאֱמַר:

V'ne-emar:

כִּי פָדָה יְיָ אֶת יַעֲקֹב,

ki fadah Adonai et Yaakov,

וּגְאָלוֹ מִיַּד חָזָק מִמֶּנּוּ.

ug'alo miyad chazak mimenu.

בָּרוּךְ אַתָּה יְיָ, גָּאַל יִשְׂרָאֵל.

Baruch atah, Adonai, gaal Yisrael.

Thus it is said, "Adonai redeemed Jacob,
from a hand stronger than his own."
Praised are You, Adonai, for redeeming Israel.

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Give us a place to rest, Adonai, our God.
Bring us into shelter
in the soft, long, evening shadows of Your truth.
For with You are true protection and safety,
and in Your Presence are acceptance and gentle love.
Watch over us as we go forth.
Prepare for us as we return.
Spread over us Your shelter of peace,
over all we love – over our Jerusalem and Yours.

בָּרוּךְ אַתָּה יְיָ, הַפּוֹרֵשׂ סֻכַּת שָׁלוֹם עָלֵינוּ
וְעַל כָּל עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשָׁלָיִם.

Baruch atah Adonai, haporeis sukat shalom aleinu
v'al kol amo Yisrael v'al Yerushalayim.

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V'shamru v'nei Yisrael et HaShabbat,
laasot et HaShabbat l'dorotam
b'rit olam.
Beini u'vein b'nei Yisrael
ot hi l'olam,
ki sheishet yamim asah Adonai
et hashamayim v'et haaretz,
u'vayom hashvi-i shavat vayinafash.

וְשָׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת,
לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם
בְּרִית עוֹלָם.
בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל
אוֹת הִיא לְעוֹלָם,
כִּי שֵׁשֶׁת יָמִים עָשָׂה יְיָ
אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ,
וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפַשׁ.

The people of Israel shall keep Shabbat,
observing Shabbat throughout the ages as a covenant for all time.
It is a sign for all time between Me and the people of Israel.
For in six days Adonai made heaven and earth,
and on the seventh day God ceased from work and was refreshed.

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אֲדֹנָי, שְׂפָתַי תִּפְתָּח,
וּפִי יַגִּיד תְּהִלָּתֶךָ.

Adonai, s'fatai tiftach,

ufi yagid t'hilatecha.

Adonai, open up my lips,
that my mouth may declare Your praise.

Baruch atah, Adonai Eloheinu
v'Elohei avoteinu v'imoteinu,
Elohei Avraham, Elohei Yitzchak,
v'Elohei Yaakov, Elohei Sarah,
Elohei Rivkah, Elohei Rachel
v'Elohei Leah.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ
וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,
אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי
יִצְחָק, וֵאלֹהֵי יַעֲקֹב,
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה,
אֱלֹהֵי רָחֵל וֵאלֹהֵי לֵאָה.

Blessed are You, Adonai our God, God of our fathers and our mothers.
God of Abraham, God of Isaac, and God of Jacob, God of Sarah,
God of Rebecca, God of Rachel, and God of Leah.

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Ha-El hagadol hagibor v'hanora,
הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא,

El elyon, gomeil chasadim tovim,
אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים,

v'konei hakol, v'zocheir
וְקוֹנֵה הַכֹּל, וְזוֹכֵר

chasdei avot v'imahot,
חַסְדֵי אָבוֹת וְאִמָּהוֹת,

umeivi g'ulah liv'nei v'neihem
וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם,

l'maan sh'mo b'ahavah.
לְמַעַן שְׁמוֹ בְּאַהֲבָה.

the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגֵן.

Melech ozeir umoshia umagein.

בָּרוּךְ אַתָּה יְיָ,

Baruch atah Adonai,

מָגֵן אַבְרָהָם וְעֶזְרַת שָׂרָה.

magein Avraham v’ezrat Sarah.

Sovereign, Deliverer, Helper and Shield,
Blessed are You, Adonai,
Sarah's Helper, Abraham’s Shield.

Atah gibor l’olam, Adonai,

m’chayeih hakol [meitim] atah,

rav l’hoshia.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי,
מְחַיֵּה הַכֹּל (מֵתִים) אַתָּה,
רַב לְהוֹשִׁיעַ.

Mashiv haruach

umorid hagashem.

מַשִּׁיב הָרוּחַ
וּמוֹרִיד הַגֶּשֶׁם.

You are forever mighty, Adonai;
You give life to all (revive the dead).
and have a great ability to save.
You cause wind to shift and rain to fall.

M’chalkeil chayim b’chesed
מְכַלְכֵּל חַיִּים בְּחֶסֶד,

m’chayei hakol [meitim]
מְחַיֵּה הַכֹּל (מֵתִים)

b’rachamim rabim,
בְּרַחֲמִים רַבִּים,

someich noflim,
סוֹמֵךְ נוֹפְלִים,

v’rofei cholim,
וְרוֹפֵא חוֹלִים,

umatir asurim,
וּמַתִּיר אֲסוּרִים,

You sustain life through love, giving life to all (reviving the dead)
through great compassion, supporting the fallen, healing the sick,
freeing the captive,

um’kayeim emunato lisheinei afar,

Mi chamochah baal g’vurot

umi domeh lach, Melech meimit

um’chayeh umatzmiach y’shuah.

V’ne-eman atah

l’hachayot hakol (meitim).

וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר,

מִי כָמוֹךָ בַּעַל גְּבוּרוֹת

וּמִי דָּומֶה לָּךְ, מֶלֶךְ מֵמִית

וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה.

וְנֶאֱמָן אַתָּה

לְהַחֲיוֹת הַכֹּל (מֵתִים).

keeping faith with those who sleep in the dust.

Who is like You, Source of mighty acts? Who resembles You,

a Sovereign who takes and gives life, causing deliverance to spring up

and faithfully giving life to all (reviving that which is dead)?

בָּרוּךְ אַתָּה יְיָ, מְחַיֵּה הַכֹּל (הַמֵּתִים).

Baruch atah Adonai, m’chayeih hakol (hameitim).

Blessed are You, Adonai, who gives life to all (who revives the dead).

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Atah kadosh v’shimcha kadosh

uk’doshim b’chol yom

y’hal’lucha, selah.

Baruch atah, Adonai,

Ha-El hakadosh.

אַתָּה קָדוֹשׁ וְשִׁמְךָ קָדוֹשׁ,
וּקְדוֹשִׁים בְּכָל יוֹם
יְהַלְלוּךָ סֶלָה.
בָּרוּךְ אַתָּה, יְיָ,
הָאֵל הַקָּדוֹשׁ.

You are holy, Your name is holy,
and those who are holy praise you every day.
Blessed are You, Adonai, the holy God.

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We take a moment
for silent prayer.

If you have your own copy of the siddur,
please continue silently to page 62.

לֹא-יִשָּׂא גוֹי אֶל-גּוֹי חֶרֶב,
וְלֹא-יִלְמְדוּ עוֹד מִלְחָמָה.

Lo yisa goi el goi cherev,

V’lo yil’m’du od milchamah.

Don’t stop after beating the swords
into ploughshares, don’t stop! Go on beating
and make musical instruments out of them.

Whoever wants to make war again
will have to turn them into ploughshares first.

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Assemble the people, men, women, and children,
and the strangers in your cities,
to hear, to learn, to revere Adonai your God,
to observe faithfully the words of this Torah.
And let their children, who do not yet know it, hear,
that they, too, may learn to revere Adonai your God.

כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה,
וּדְבַר יְיָ מִירוּשָׁלָיִם.

Ki mitziyon teitzei Torah,
udvar Adonai miY'rushalayim.

From out of Zion will come the Torah,
and the word of Adonai from Jerusalem.

Baruch shenatan Torah

l'amo Yisrael bikdushato.

בָּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ
יִשְׂרָאֵל בִּקְדֻשָּׁתוֹ.

Blessed is God who in holiness gave
the Torah to the people Israel.

Sh'ma Yisrael, Adonai Eloheinu,

Adonai Echad!

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ,
יְיָ אֶחָד.

Hear, O Israel, Adonai is our God,
Adonai is One.

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Echad eloheinu,

gadol Adoneinu,

kadosh sh'mo.

אֶחָד אֱלֹהֵינוּ,
גָּדוֹל אֲדוֹנֵנוּ,
קָדוֹשׁ שְׁמוֹ.

Our God is One,
Adonai is great,
holy is God's name.

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Gadlu l’Adonai iti,

un’rom’mah sh’mo yachdav.

גַּדְּלוּ לַיְיָ אִתִּי,
וּנְרוֹמְמָה שְׁמוֹ יַחְדָּו.

Exalt Adonai with me,
let us extol God’s name together.

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L'cha, Adonai, hag'dulah,

v'hag'vurah, v'hatiferet,

v'haneitzach, v'hahod—

ki-chol bashamayim uvaaretz.

L'cha, Adonai, hamamlachah

v'hamitnasei, l'chol l'rosh.

לְךָ, יְיָ, הַגְּדֻלָּה

וְהַגְּבוּרָה, וְהַתִּפְאֶרֶת,

וְהַנֶּצַח, וְהַהוֹד,

כִּי־כֹל בַּשָּׁמַיִם וּבָאָרֶץ.

לְךָ, יְיָ, הַמַּמְלָכָה

וְהַמִּתְנַשֵּׂא, לְכֹל לְרֹאשׁ.

Yours, Adonai, is the greatness, might, splendor, triumph,
and majesty—yes, all that is in heaven and on earth;
To You, Adonai, belong sovereignty and preeminence above all.

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Al sh'loshah d'varim

haolam omeid:

al HaTorah v'al haavodah

v'al g'milut chasadim.

עַל שְׁלֹשָׁה דְּבָרִים
הָעוֹלָם עוֹמֵד:
עַל הַתּוֹרָה וְעַל הָעֲבוֹדָה
וְעַל גְּמִילוּת חֲסָדִים.

The world is sustained by three things:
Torah, worship and loving deeds.

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Bar’chu et Adonai ham’vorach.

Baruch Adonai ham’vorach l’olam va-ed.

Baruch atah, Adonai

Eloheinu, Melech haolam,

asher bachar banu mikol haamim,

v’natan lanu et Torato.

Baruch atah, Adonai, notein haTorah.

בָּרְכוּ אֶת יְיָ הַמְבֹרָךְ׃

בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלָם וָעֶד׃

בָּרוּךְ אַתָּה, יְיָ

אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים,

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ׃

בָּרוּךְ אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה׃

Bless Adonai who is blessed.
Blessed is Adonai who is blessed now and forever.
Blessed are You, Adonai our God, Sovereign of the universe,
who has chosen us from among the people, and given us the Torah.
Blessed are You, Adonai, who gives the Torah.

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Genesis 26:6-9 *(excerpt from Parashat Tol'dot)*

6 וַיֵּשֶׁב יִצְחָק בִּגְרָר: 7 וַיִּשְׁאֲלוּ אַנְשֵׁי
הַמָּקוֹם לְאִשְׁתּוֹ וַיֹּאמֶר אֲחֹתִי הִוא כִּי
יָרֵא לֵאמֹר אִשְׁתִּי פֶּן־יַהַרְגֻנִי אַנְשֵׁי
הַמָּקוֹם עַל־רִבְקָה כִּי־טוֹבַת מַרְאֶה הִוא:

8 וַיְהִי כִּי־אָרְכוּ־לוֹ שָׁם הַיָּמִים וַיַּשְׁקֵף
אֲבִימֶלֶךְ מֶלֶךְ פְּלִשְׁתִּים בְּעַד הַחַלּוֹן
וַיַּרְא וְהִנֵּה יִצְחָק מְצַחֵק אֵת רִבְקָה
אִשְׁתּוֹ: 9 וַיִּקְרָא אֲבִימֶלֶךְ לְיִצְחָק וַיֹּאמֶר
אַךְ הִנֵּה אִשְׁתְּךָ הִוא וְאֵיךְ אָמַרְתָּ אֲחֹתִי
הִוא וַיֹּאמֶר אֵלָיו יִצְחָק כִּי אָמַרְתִּי
פֶּן־אָמוּת עָלֶיהָ:

6Isaac [therefore] settled in Gerar. 7And when the people of that place asked about his wife, he answered, "She is my sister," because he was afraid to say: "My wife," [thinking,] "Lest the local people kill me on account of Rebekah, since she is so good-looking."

8As his days there stretched out, Abimelech king of the Philistines happened [one day] to look out of a window and he saw—Isaac fondling his wife Rebekah! 9So Abimelech summoned Isaac and said, "Look—she must be your wife; why then did you say, 'She is my sister'?" Isaac said to him, "I spoke that way for fear of dying on her account."

Baruch atah, Adonai
Eloheinu, Melech haolam,
asher natan lanu Torat emet,
v’chayei olam nata b’tocheinu.

בָּרוּךְ אַתָּה, יְיָ
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,
וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.

Baruch atah, Adonai, notein haTorah. בָּרוּךְ אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the universe,
who has given us a Torah of truth, implanting within us eternal life.
Blessed are You, Adonai, who gives the Torah.

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Mi shebeirach avoteinu v’imoteinu,

Avraham, Yitzchak v’Yaakov,

Sarah, Rivkah, Rachel v’Lei-ah,

hu y’vareich et [name] ben/bat [parents]

baavur she-alah/she-altah

lich’vot HaMakom, lich’vod haTorah.

מִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,

אַבְרָהָם, יִצְחָק וְיַעֲקֹב,

שָׂרָה, רִבְקָה, רָחֵל וְלֵאָה,

הוּא יְבָרֵךְ אֶת [name] בֶּן/בַּת [parents]

בַּעֲבוּר שֶׁעָלָה/שֶׁעָלְתָה

לִכְבוֹד הַמָּקוֹם, וְלִכְבוֹד הַתּוֹרָה.

May the One who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah, bless *[name]* son/daughter of *[parents]*, since he/she has come up to the Torah in honor of God and Torah.

Bis’char zeh HaKodosh Baruch Hu

yishm’reihu/hishm’rehah

v’yatzileihu/v’yatzilehah

mikol tzarah v’tzukah umikol nega umachalah,

v’yishlach b’rachah v’hatzlachah

v’chol maaseh Yadav/yadeha,

im kol Yisrael. V’nomar: Amen.

בִּשְׂכַר זֶה הַקָּדוֹשׁ בָּרוּךְ הוּא

יִשְׁמְרֵהוּ/יִשְׁמְרֶהָ

וַיַּצִּילֵהוּ/וְיַצִּילֶהָ

מִכָּל צָרָה וְצוּקָה וּמִכָּל נֶגַע וּמַחֲלָה,

וְיִשְׁלַח בְּרָכָה וְהַצְלָחָה

בְּכָל מַעֲשֵׂה יָדָיו/יָדֶיהָ,

עִם כָּל יִשְׂרָאֵל. וְנֹאמַר: אָמֵן.

May he/she merit from the Holy One of Blessing protection, rescue from any trouble or distress, and from any illness, minor or serious; may God send blessing and success in his/her every endeavor, together with all Israel, and let us say, Amen.

Mi shebeirach avoteinu

M’kor hab’rachah l’imoteinu.

מִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ
מְקוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ.

May the source of strength, who blessed the ones before us,
Help us find the courage to make our lives a blessing,
and let us say, Amen.

Mi shebeirach imoteinu

M’kor habrachah laavoteinu.

מִי שֶׁבֵּרַךְ אִמּוֹתֵינוּ
מְקוֹר הַבְּרָכָה לַאֲבוֹתֵינוּ.

Bless those in need of healing with *r’fuah sh’leimah*,
The renewal of body, the renewal of spirit,
And let us say, Amen.

וְזֹאת הַתּוֹרָה
אֲשֶׁר שָׂם מֹשֶׁה
לִפְנֵי בְּנֵי יִשְׂרָאֵל,
עַל פִּי יְיָ בְּיַד מֹשֶׁה.

V’zot HaTorah

asher sam Mosheh

lif’nei b’nei Yisrael,

al pi Adonai b’yad Mosheh.

This is the Torah which Moses placed
before the people of Israel,
God’s word through the hand of Moses.

When Torah entered the world, freedom entered it.
The whole Torah exists only to establish peace.

Its highest teaching is love and kindness.
What is hateful to you, do not do to any person.

That is the whole Torah; all the rest is commentary. Go and learn it.
Those who study Torah are the true guardians of civilization.

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Honoring one another, doing acts of kindness,
And making peace: these are our highest duties.
But the study of Torah is equal to them all,
Because it leads to them all.

Let us learn in order to teach.
Let us learn in order to do!

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כִּי לֶקַח טוֹב נָתַתִּי לָכֶם:
תּוֹרָתִי אַל תַּעֲזֹבוּ.
עֵץ חַיִּים הִיא לַמַּחֲזִיקִים בָּהּ,
וְתֹמְכֶיהָ מְאֻשָּׁר.
דְּרָכֶיהָ דַרְכֵי נֹעַם,
וְכָל נְתִיבוֹתֶיהָ שָׁלוֹם.

Ki lekach tov natati lachem,
Torati al taazovu.
Eitz chayim hi lamachazikim bah,
v’tom’cheha m’ushar.
D’racheha darchei no-am,
v’chol n’tivoteha shalom.

הֲשִׁיבֵנוּ יְיָ אֵלֶיךָ וְנָשׁוּבָה,
חַדֵּשׁ יָמֵינוּ כְּקֶדֶם.

Hashiveinu Adonai eilecha v’nashuvah,
chadeish yameinu k’kedem.

For I have give you good instruction; do not abandon My Torah.
It is a Tree of Life for those who hold fast to it,
and all its supporters are happy.
Its ways are ways of pleasantness, and all its paths are peace.
Return us to You, Adonai, and we will return; renew our days as of old.

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D’var Torah

Rabbi Benjamin Zober

Aleinu l’shabei-ach laadon hakol,
lateit g’dulah l’yotzeir b’reishit,

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכֹּל,
לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,

shelo asanu k’goyei haaratzot,
v’lo samanu k’mishp’chot haadamah.

שֶׁלֹּא עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלֹא שָׂמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.

Shelo sam chelkeinu kahem,
v’goraleinu k’chol hamonam.

שֶׁלֹּא שָׂם חֶלְקֵנוּ כָּהֶם,
וְגוֹרָלֵנוּ כְּכָל־הֲמוֹנָם.

Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who has set us apart from the other families of the earth, giving us a destiny unique among the nations.

וַאֲנַחְנוּ כוֹרְעִים
וּמִשְׁתַּחֲוִים וּמוֹדִים,
לִפְנֵי מֶלֶךְ,
מַלְכֵי הַמְּלָכִים
הַקָּדוֹשׁ בָּרוּךְ הוּא.

Vaanachnu kor'im
umishtachavim umodim,
lifnei Melech
mal'chei hamlachim
HaKadosh Baruch Hu.

We bend the knee and bow,
acknowledging the supreme Sovereign,
the Holy One of Blessing.

Let the time not be distant, O God,
when all shall turn to You in love,
when corruption and evil shall give way to integrity and goodness,
when superstition shall no longer enslave the mind,
nor idolatry blind the eye.
O may all, created in Your image,
become one in spirit and one in friendship,
forever united in Your service.
Then shall Your realm be established on earth,
and the word of Your prophet fulfilled:
“Adonai will reign for ever and ever.”

וְנֶאֱמַר, וְהָיָה יְיָ
לְמֶלֶךְ עַל כָּל הָאָרֶץ.
בַּיּוֹם הַהוּא יִהְיֶה
יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

V'ne-emar, v'hayah Adonai
l'Melech al kol Haaretz.
Bayom hahu yih'yeh
Adonai echad ush'mo echad.

Thus it has been said, Adonai
will be Sovereign over all the earth.
On that day, Adonai will be one,
and God's Name will be one."

Zichronam livrachah —

זִכְרוֹנָם לִבְרָכָה —

May their memories be a blessing.

Yitgadal v'yitkadash sh'meih raba,

b'alma di v'ra chiruteih.

V'yamlich malchuteih

b'chayeichon uvyomeichon,

uvchayei d'chol-beit Yisrael,

baagala uvizman kariv.

V'imru: Amen.

Y'hei sh'meih raba m'varach

l'alam ul-almei almaya.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.

בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ,

וְיַמְלִיךְ מַלְכוּתֵהּ

בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,

בַּעֲגָלָא וּבִזְמַן קָרִיב,

וְאִמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ

לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

Yitbarach v'yishtabach v'yitpaar

v'yitromam v'yitnasei

v'yit-hadar v'yitaleh v'yit-halal

sh'meih d'kudsha, B'rich Hu,

l'eila min kol

birchata v'shirata,

tushb'chata v'nechemata,

daamiran b'alma.

V'imru: Amen.

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר

וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר

וְיִתְעַלֶּה וְיִתְהַלָּל

שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא,

לְעֵלָּא מִן כָּל

בִּרְכָתָא וְשִׁירָתָא,

תֻּשְׁבְּחָתָא וְנֶחֱמָתָא,

דַּאֲמִירָן בְּעָלְמָא.

וְאִמְרוּ: אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא,
וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל.
וְאִמְרוּ: אָמֵן.

Y'hei sh'lama raba min sh'maya,
v'chayim aleinu v'al kol-Yisrael.
V'imru: Amen.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו,
הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל.
וְאִמְרוּ: אָמֵן.

Oseh shalom bimromav,
hu yaaseh shalom aleinu
v'al kol-Yisrael
V'imru: Amen.

May the Source of peace send peace to all who mourn,
and comfort to all who are bereaved. Amen.

Announcements

// Friday, November 13 //

-- 7:30 pm Kabbalat Shabbat Service

🕯️ 🕯️ **Warmth, Hospitality & Sacred Connection**

The spirit of Shabbat comes alive when our community gathers in warmth, fellowship, and shared purpose. This week, we offer our heartfelt gratitude to **Jill Flanzraich** for greeting everyone with a welcoming smile at our doors, and to **Michael Gorden** for keeping our home community seamlessly connected to the sanctuary. We also send our sincere thanks to our **anonymous Oneg Challenge donor** for generously sponsoring this week's Oneg Shabbat and sweetening our time together after services. *Yasher koach* to all who bring their kindness, dedication, and heart to Temple Sinai!

-- Yism'zoom (for those who are online)

Virtual Oneg with live video on Zoom after service. Visit **SinaiReno.org/LIVE** for details to participate.

To host an in-person Oneg at Temple Sinai, sign up at SinaiReno.org/Oneg.

// Saturday, November 14 //

-- 10:00 am Torah Study via Zoom with Rabbi Sara Zober (Register: **SinaiReno.org/TorahStudy**)

// Sunday, November 15 //

-- 9:30 am Sinai School & Weekday T'filah

-- 1:00 pm Who Nu? "Mental Health and Judaism: Healing Through Relationships and Community" featuring Shay Rian

Announcements

(Continued)

// Tuesday, November 17 //

-- 12:00 pm Lunch with the Rabbi

-- 7:00 pm Crafter Schmooze

// Friday, November 20 //

-- 7:30 pm Keys to Shabbat Service

// Saturday, November 21 //

-- 10:00 am Torah Study via Zoom

// Sunday, November 22 //

-- 9:30 am Sinai School & Weekday Family T'filah

-- 1:00 pm Novel Noshers

// Thursday & Friday, November 26 & 27 //

-- Temple Office Closed (Thanksgiving Break)

// Friday, November 27 //

-- 7:30 pm Kabbalat Shabbat Service

// Saturday, November 28 //

-- No Torah Study via Zoom (Thanksgiving Break)

// Sunday, November 29 //

-- No Sinai School or T'filah (Thanksgiving Break)

// Tuesday, December 1 //

-- 12:00 pm Lunch with the Rabbi

Announcements

(Continued)

// Thursday, December 3 //

-- 4:15 pm Torah for Tots (Chanukah)

// Friday, December 4 // Chanukah: 1 Candle

-- 5:30 pm Tot Chanukah Service (in person only)

-- 6:00 pm Chanukah Potluck Dinner (sign up at SinaiReno.org/Potluck)

-- 7:30 pm Shabbat Chanukah Service - Bring your menorah from home, and 2 candles, for our community menorah lighting

// Saturday, December 5 //
Chanukah: 2 Candles

-- 10:00 am Torah Study via Zoom

-- 7:00 pm Light-Up the Night Dance Party

// Sunday, December 6 //
Chanukah: 3 Candles

-- 9:30 am Sinai School & Family T'filah

-- 1:00 pm Reel Mavens with Rabbi Benjamin with screening and discussion of the film "Keeping the Faith"

// Wednesday, December 9 //
Chanukah: 6 Candles

-- 7:00 pm Board Meeting (all Sinai members welcome)

// Friday, December 11 //
Chanukah: 8 Candles

-- 7:30 pm Normal Kabbalat Shabbat Service

Announcements

(Continued)

// Need a Meal? Call on the Kugel Korps! //

-- Our pantry freezer is stocked with homemade casseroles for anyone navigating illness, surgery, a new baby, loss, or a tough stretch. Contact the Rabbi or our Chesed team for pickup or delivery!

// Volunteers Needed //

Volunteer to chant Torah at our Shabbat service! No experience needed. Practice recordings available. Contact **Laura Smith (jpc@sinaireno.org)** to sign up.

// Livestream Tech Team //

If you are interested in joining the Shabbat livestream tech team, please contact **Michael Gorden (vp@sinaireno.org)**.

// Renewal Oneg Challenge //

Accept our “Renewal Oneg Challenge” and sign up to host or sponsor an Oneg Shabbat. Visit SinaiReno.org/Oneg for details.

// Sinai Library //

To browse the collection, please visit SinaiReno.org/Catalog. To access our virtual collection or browse our upcoming events, visit **SinaiReno.org/Library**. Questions? Email **Library@SinaiReno.org**.

Announcements

(Continued)

Support Us by Donating via…

- Credit Card: SinaiReno.org/Donate
- Check: Temple Sinai, 3405 Gulling Road, Reno, NV 89503

Staying In Touch…

As always, you can contact Temple Sinai and stay in touch through the Temple Office, email, our website, on Facebook, and on Instagram.

Contact Mike in the Temple office at admin@sinaireno.org or 775-747-5508 to have a name added to our Mi Shebeirach list. Also, contact Mike if you are not already on our email list and would like to receive our updates, or visit SinaiReno.org/newsletter and click the link to add your name.

Become a Temple Member…

- Email our Membership Chair at Membership@SinaiReno.org
- Visit our Membership page at: SinaiReno.org/Membership

- Rabbi Benjamin Zober - 775-629-6011, rabbibenjamin@sinaireno.org
- Rabbi Sara Zober - 775-629-6159, rabbisara@sinaireno.org
- Tova McGilvray, President – 775-223-9519, president@sinaireno.org
- Mike Stombaugh, Temple Administrator - 775-747-5508, admin@sinaireno.org

Additional information can be found online at:

www.SinaiReno.org

ADON OLAM

Adon olam asher malach,
b'terem kol y'tzir nivra.
L'eit naasah v'cheftzo kol,
azai Melech sh'mo nikra.

אֲדוֹן עוֹלָם אֲשֶׁר מָלַךְ,
בְּטֶרֶם כָּל יְצִיר נִבְרָא.
לְעֵת נַעֲשָׂה בְחֶפְצוֹ כֹּל,
אֲזַי מֶלֶךְ שְׁמוֹ נִקְרָא.

You are our Eternal God,
who reigned before any being had been created;
when all was done according to Your will,
then You were called Ruler.

V'acharei kichlot hakol,

l'vado yimloch nora.

V'hu hayah, v'hu hoveh,

v'hu yih'yeh, b'tifarah.

וְאַחֲרֵי כִּכְלוֹת הַכֹּל,

לִבַדּוֹ יִמְלוֹךְ נוֹרָא.

וְהוּא הָיָה, וְהוּא הֹוֶה,

וְהוּא יִהְיֶה, בְּתִפְאָרָה.

And after all ceases to be, You alone will rule in majesty.

You have been, are yet, and will be in glory.

V'hu echad v'ein sheini.

L'hamshil lo l'hachbirah.

B'li reishit b'li tachlit,

v'lo hoaz v'hamisrah.

וְהוּא אֶחָד וְאֵין שֵׁנִי,
לְהַמְשִׁיל לוֹ לְהַחְבִּירָה.
בְּלִי רֵאשִׁית בְּלִי תַכְלִית,
וְלוֹ הָעֹז וְהַמִּשְׂרָה.

And You are One; none other can compare to or consort with You.
You are without beginning, without end.
To You belong power and dominion.

V'hu Eli v'chai go-ali,

v'tzur chevli b'eit tzarah.

V'hu nisi umanos li

m'nat kosi b'yom ekra.

וְהוּא אֵלִי וְחַי גּוֹאֲלִי,
וְצוּר חֶבְלִי בְּעֵת צָרָה.
וְהוּא נִסִּי וּמָנוֹס לִי
מְנַת כּוֹסִי בְּיוֹם אֶקְרָא.

And You are my God, my living Redeemer,
my Rock in times of trouble and distress.
You are my standard bearer and my refuge,
my benefactor when I call on You.

בְּיָדוֹ אַפְקִיד רוּחִי,
בְּעֵת אִישַׁן וְאָעִירָה.
וְעִם רוּחִי גְּוִיָּתִי,
יְיָ לִי וְלֹא אִירָא.

B'yado afkid ruchi,
b'eit ishan v'a-irah.
V'im ruchi g'viyati,
Adonai li v'lo ira.

Into Your hands I entrust my spirit,
when I sleep and when I wake,
and with my spirit my body also;
Adonai is with me and I shall not fear.

Baruch atah Adonai
Eloheinu Melech haolam,
borei p’ri hagafen.
Baruch atah Adonai
Eloheinu Melech haolam,
asher kid’shanu b’mitzvotav

בָּרוּךְ אַתָּה יְיָ
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בּוֹרֵא פְּרִי הַגָּפֶן.
בָּרוּךְ אַתָּה יְיָ
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו

Praise to You, Adonai our God, Sovereign of the universe,
Creator of the fruit of the vine.
Praise to You, Adonai our God, Sovereign of the universe who,
finding favor with us, sanctified us with mitzvot,

V’ratzah vanu,

V’shabbat kodsho b’ahavah

Uv’ratzon hinchilanu

Zikaron l’maaseh v’reishit,

Ki hu yom t’chilah

L’mikra-ei kodesh,

וְרָצָה בָּנוּ,
וְשַׁבַּת קָדְשׁוֹ בְּאַהֲבָה
וּבְרָצוֹן הִנְחִילָנוּ
זִכָּרוֹן לְמַעֲשֵׂה בְרֵאשִׁית,
כִּי הוּא יוֹם תְּחִלָּה
לְמִקְרָאֵי קֹדֶשׁ,

In love and favor,
You made the holy Shabbat our heritage
as a reminder of the work of Creation.
As first among our sacred days,

Zeicher l’tzi-at Mitzrayim,

Ki vanu vacharta v’otanu

Kidashta mikol ha-amim,

V’shabbat kodsh’cha b’ahavah

Uv’ratzon hinchaltanu.

זֵכֶר לִיצִיאַת מִצְרָיִם,
כִּי בָּנוּ בָחַרְתָּ וְאוֹתָנוּ
קִדַּשְׁתָּ מִכָּל הָעַמִּים,
וְשַׁבַּת קָדְשְׁךָ בְּאַהֲבָה
וּבְרָצוֹן הִנְחַלְתָּנוּ.

Baruch atah Adonai

M’kadeish hashabbat.

בָּרוּךְ אַתָּה יְיָ,
מְקַדֵּשׁ הַשַּׁבָּת.

It recalls the Exodus from Egypt. You chose us and set us apart from the peoples. In love and favor You have given us Your holy Shabbat as an inheritance. Praise to You, Adonai, who sanctifies Shabbat.

HAMOTZI

Baruch atah, Adonai Eloheinu,

Melech haolam,

hamotzi lechem min haaretz.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ,
מֶלֶךְ הָעוֹלָם,
הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ.

Our praise to You, Adonai our God, Sovereign of the universe,
who brings forth bread from the earth.

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SHABBAT SHALOM

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