

Shabbat Shalom from Temple Sinai!

This is for the Kabbalat Shabbat Service
for Friday, October 2, 2026.

Please follow along using these slides
if you don't have a copy
of *Mishkan T'filah*, our siddur.

Shabbat Shalom!

* Rabbi Benjamin Zober *

* Rabbi Emerita Myra Soifer *

NIGGUN

a wordless melody

as we center ourselves for Shabbat

There are days when we seek things
for ourselves and measure failure
by what we do not gain.

On Shabbat, we seek not to acquire
but to share.

There are days when we exploit nature
as if it were a horn of plenty
that can never be exhausted.

On Shabbat, we stand in wonder
before the mystery of creation.

There are days when we act as if we
cared nothing for the rights of others.

On Shabbat, we remember that justice is
our duty and a better world our goal.

So we embrace Shabbat:
day of rest, day of wonder, day of peace.

Baruch atah Adonai

Eloheinu, Melech haolam,

asher kid'shanu b'mitzvotav,

v'tzivanu l'hadlik

ner shel Shabbat.

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,

וְצִוָּנוּ לְהַדְלִיק

נֵר שֶׁל שַׁבָּת.

Blessed are You, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

Y’DID NEFESH

*Y’did nefesh, av harachaman,
m’shoch avd’cha el r’tzonecha.
Yarutz avd’cha k’mo ayal,
yishtachaveh el mul hadarecha.*

יְדִיד נֶפֶשׁ, אָב הַרְחָמָן,
מְשׁוֹחַ עֲבָדְךָ אֶל רְצוֹנְךָ.
יָרוּץ עֲבָדְךָ כְּמוֹ אֵיל,
יִשְׁתַּחֲוֶה אֶל מוֹל הַדָּרְךָ.

Heart’s delight, Source of mercy, draw Your servant into Your arms:
I leap like a deer to stand in awe before You.

PSALM 95

L'chu n'ran'na l'Adonai,

nariyah l'tzur yisheinu.

N'kadmah fanav b'todah,

biz'mirot naria lo.

Ki El gadol Adonai,

uMelech gadol al kol elohim.

לְכוּ נִרְנְנָה לַיהוָה,

נָרִיעָה לְצוּר יִשְׁעֵנוּ.

נִקְדְּמָה פָנָיו בְּתוֹדָה,

בְּזִמְרוֹת נָרִיעַ לוֹ.

כִּי אֵל גָּדוֹל יְיָ,

וּמֶלֶךְ גָּדוֹל עַל כָּל אֱלֹהִים.

Come, let us sing joyously to Adonai, raise a shout for our Rock and Deliverer;
let us come into God's presence with praise; let us raise a shout for God in song!

For Adonai is a great God, the great ruler of all divine beings.

L'CHAH DODI

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 1)

Shamor v'zachor b'dibur echad, שְׁמֹר וְזָכוֹר בְּדִבּוּר אֶחָד,
hishmianu El ham'yuchad, הִשְׁמִיעֵנוּ אֵל הַמְיֻחָד,
Adonai echad ush'mo echad, l'shem יְיָ אֶחָד וּשְׁמוֹ אֶחָד,
ul'tiferet v'lit'hilah. לְשֵׁם וּלְתִפְאַרֶת וּלְתִהְלָה.

“Keep” and “remember”: a single command
the Only God caused us to hear;
the Eternal is One, God’s Name is One;
glory and praise are God’s.

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 2)

*Likrat Shabbat l'chu v'neilcha,
ki hi m'kor hab'rachah,
meirosh mikedem n'suchah,
sof maaseh b'machashava t'chilah.*

לְקַרְאֵת שַׁבָּת לָכוּ וְנִלְכָּהּ,
כִּי הִיא מְקוֹר הַבְּרָכָה,
מֵרֵאשִׁית מִקֵּדֶם נְסוּכָה,
סוֹף מַעֲשֵׂה בְּמַחֲשָׁבָה תַּחֲלָה.

Come with me to meet Shabbat,
forever a fountain of blessing.
Still it flows, as from the start:
the last days, for which the first was made.

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 3)

<i>Mikdash Melech, ir m'luchah,</i>	מִקְדָּשׁ מֶלֶךְ עִיר מְלוּכָה,
<i>kumi tz'l mitoch hahafeichah,</i>	קוּמִי צֵאִי מִתּוֹךְ הַהִפְּכָה,
<i>rav lach shevet b'emek habacha,</i>	רַב לָךְ יָשַׁבְתְּ בְּעֵמֶק הַבָּכָא,
<i>v'hu yachamol alayich chemlah.</i>	וְהוּא יַחְמוֹל עָלֶיךָ חֶמְלָה.

Royal shrine, city of kings,
rise up and leave your ravaged state.

You have dwelt long enough in the valley of tears;
now God will shower mercy on you.

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 4)

<i>Hitnaari, mei-afar kumi,</i>	הִתְנַעֲרִי, מֵעָפָר קוּמִי,
<i>livshi bigdei tifarteich ami,</i>	לְבִשִׁי בְּגָדֵי תִפְאַרְתְּךָ, עַמִּי,
<i>al yad ben Yishai Beit haLachmi,</i>	עַל יַד בֶּן יִשָּׁי בֵּית הַלַּחְמִי,
<i>karvah el nafshi g'alah.</i>	קִרְבָּה אֶל נַפְשִׁי גָאֲלָהּ.

Lift yourself up! Shake off the dust!
Array yourself in beauty, O my people!
At hand is Bethlehem's David, Jesse's son,
bringing deliverance into my life.

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לְכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 5)

Hitor'ri, hitor'ri,

ki va oreich, kumi ori,

uri uri shir dabeiri,

k'vod Adonai alayich niglah.

הִתְעוֹרְרִי הִתְעוֹרְרִי,
כִּי בָּא אֹרֶךְ קוֹמִי אֹרִי,
עוֹרִי עוֹרִי שִׁיר דַּבְּרִי,
כְּבוֹד יְיָ עָלֶיךָ נִגְלָה.

Awake, awake,
your light has come!

Arise, shine, awake and sing:
the Eternal's glory dawns upon you.

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 6)

<i>Lo teivoshi v'lo tikalmi,</i>	לֹא תִבּוֹשִׁי וְלֹא תִכַּלְמִי,
<i>mah tishtochachi umah tehemi,</i>	מַה תִּשְׁתּוֹחָחִי וּמַה תִּהְיֶהמִי,
<i>bach yochesu aniyei ami,</i>	בַּךְ יִחְסוּ עֲנֵי עַמִּי,
<i>v'nivn'tah ir al tilah.</i>	וְנִבְנְתָה עִיר עַל תִּלָּהּ.

An end to shame and degradation
forget your sorrow; quiet your groans.
The afflicted of my people find respite in you,
the city renewed upon its ancient ruins.

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 7)

*V'hayu lim'shisah shosayich,
v'rachaku kol m'valayich,
yasis alayich Elohayich,
kimsos chatan al kalah.*

וְהָיוּ לְמַשְׁסָּה שֹׁסְאִיךָ,
וְרַחֲקוּ כָּל מְבַלְעֶיךָ,
יָשִׁישׁ עָלֶיךָ אֱלֹהֶיךָ,
כִּמְשׁוֹשׁ חָתָן עַל כַּלָּה.

The scavengers are scattered,
your devourers have fled;
as a bridegroom rejoices in his bride,
your God takes joy in you.

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לְכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 8)

*Yamim usmol tifrotzi,
v'et Adonai taaritz,
al yad ish ben partzi,
v'nism'chah v'nagilah.*

יָמֵן וּשְׂמָאל תִּפְרוֹצִי,
וְאֶת־יְיָ תַעֲרִיצִי,
עַל יַד אִישׁ בֶּן פֶּרֶצִי,
וְנִשְׁמַחַת וְנִגִּילָה.

Your space will be broad,
your worship free:
await the promised one;
we will exult, we will sing for joy!

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

(Verse 9)

*Bo-i v'shalom ateret ba'lah,
gam b'simcha uv'tzoholah,
toch emunei am s'gulah,
bo-i challah, bo-i challah.*

בּוֹאִי בְּשָׁלוֹם עֲטֶרֶת בַּעֲלָהּ,
גַּם בְּשִׂמְחָה וּבִצְהֵלָה,
תּוֹךְ אֲמוּנֵי עַם סִגְלָהּ,
בּוֹאִי כָלָה, בּוֹאִי כָלָה.

Enter in peace, O crown of your husband;
enter in gladness, enter in joy.
Come to the people that keeps its faith.
Enter, O bride! Enter, O bride!

(Refrain)

*L'chah dodi likrat kalah,
p'nei Shabbat n'kab'lah.*

לָכָה דוֹדִי לְקַרְאֵת כַּלָּה,
פְּנֵי שַׁבָּת נִקְבְּלָה.

Beloved, come to meet the bride;
Beloved, come to greet Shabbat.

Yitgadal v'yitkadash sh'meih raba

b'alma di v'ra chiruteih,

v'yamlich malchuteih

b'chayeichon uvyomeichon

uvchayei d'chol beit Yisrael,

baagala uvizman kariv,

v'imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.

בְּעַלְמָא דִּי בְרָא כְרַעוּתָהּ,

וְיַמְלִיךְ מַלְכוּתָהּ

בְּחַיֵּינוּ וּבְיוֹמֵינוּ

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,

בְּעֶגְלָא וּבְזִמָּן קָרִיב,

וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name, in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel – speedily, imminently. To which we say: Amen.

*Y'hei sh'meih raba m'varach
l'alam ul-almei almaya.*

יְהִי שֵׁמִי רַבָּא מְבָרַךְ
לְעָלָם וּלְעָלְמֵי עָלְמֵיָא.

*Yitbarach v'yishtabach, v'yitpaar
v'yitromam v'yitnasei,
v'yit-hadar v'yitaleh v'yit-halal
sh'meih d'kudsha b'rich hu,*

יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר
וְיִתְרֹמֵם וְיִתְנַשֵּׂא,
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שֵׁמִי דְקֻדְשָׁא בְרִיךְ הוּא,

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and
lauded be the name of the Holy Blessed One,

l'eila min kol

birchata v'shirata,

tushb'chata v'nechemata,

daamiran b'alma,

v'imru: Amen.

לְעֵלָא מִן כָּל

בִּרְכָתָא וְשִׁירָתָא,

תְּשׁוּבָתָא וְנֶחֱמָתָא,

דְּאִמְרוּן בְּעֵלְמָא,

וְאָמְרוּ: אָמֵן.

Beyond the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen.

Barchu et Adonai ham'vorach!

Baruch Adonai ham'vorach

l'olam vaed!

בָּרְכוּ אֶת יְיָ הַמְּבָרָךְ!

בָּרוּךְ יְיָ הַמְּבָרָךְ

לְעוֹלָם וָעֶד!

Praise Adonai to whom praise is due forever!

Praised be Adonai to whom praise is due,
now and forever!

Blessed are You, Adonai our God, Ruler of the universe,
who speaks the evening into being,
skillfully opens the gates,
thoughtfully alters the time and changes the seasons,
and arranges the stars in their heavenly courses according to plan.
You are Creator of the day and night,
rolling light away from darkness and darkness from light,
transforming day into night and distinguishing one from the other.
Adonai Tz'vaot is Your Name.
Ever-living God, may You reign continually over us into eternity.
Blessed are You, Adonai, who brings on evening.

בָּרוּךְ אַתָּה יְיָ, הַמַּעֲרִיב עֶרְבִים.

Baruch atah Adonai, hama'ariv aravim.

Ahavat olam beit Yisrael

amcha ahavta, Torah umitzvot,

chukim umishpatim

otanu limad'ta.

Al kein Adonai Eloheinu,

b'shochbeinu uv'kumeinu

nasiach b'chukecha,

אַהֲבַת עוֹלָם בֵּית יִשְׂרָאֵל

עִמָּךְ אָהָבָת, תּוֹרָה וּמִצְוֹת,

חֻקִּים וּמִשְׁפָּטִים

אוֹתָנוּ לְמַדָּת.

עַל כֵּן יְיָ אֱלֹהֵינוּ,

בְּשׁוֹכְבֵינוּ וּבְקוּמֵנוּ

נִשְׁיֵחַ בְּחֻקֶיךָ,

Everlasting love you offered Your people Israel by teaching us Torah and mitzvot, laws and precepts. Therefore, Adonai our God, when we lie down and when we rise up, we will meditate on Your laws and Your commandments.

v'nismach b'divrei Torat'cha

uv'mitzvotcha l'olam va-ed.

Ki heim chayeinu v'orech yameinu,

uvahem neh'geh yomam valailah.

V'ahavat'cha al tasir

mimenu l'olamim.

Baruch atah Adonai,

ohev amo Yisrael.

וְנִשְׂמַח בְּדִבְרֵי תּוֹרַתְךָ
וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד.

כִּי הֵם תַּיִינוּ וְאַרְךָ יָמֵינוּ,
וּבָהֶם נִהְגֶּה יוֹמָם וּלְיָלָה.

וְאַהֲבַתְךָ אֶל תִּסִּיר
מִמֶּנּוּ לְעוֹלָמִים.

בָּרוּךְ אַתָּה יְיָ,
אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

We will rejoice in Your Torah for ever. Day and night we will reflect on them for they are our life and doing them lengthens our days. Never remove Your love from us. Praise to You, Adonai, who loves Your people Israel.

Sh'ma, Yisrael:

Adonai Eloheinu,

Adonai echad!

Baruch shem k'vod

malchuto l'olam va-ed.

שְׁמַע יִשְׂרָאֵל,

יְהוָה אֱלֹהֵינוּ,

יְהוָה אֶחָד.

בָּרוּךְ שֵׁם כְּבוֹד

מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Hear O Israel, Adonai is our God, Adonai is One!
Blessed is God's glorious majesty, forever and ever.

*V'ahavta et Adonai Elohecha,
b'chol l'vavcha uv'chol nafsh'cha
uv'chol m'odecha. V'hayu had'varim
ha-eileh asher anochi m'tzav'cha
hayom al l'vavecha.*

וְאַהֲבָתָּ אֶת יְיָ אֱלֹהֶיךָ,
בְּכָל לִבְבְּךָ, וּבְכָל נַפְשְׁךָ,
וּבְכָל מְאֹדְךָ. וְהָיוּ הַדְּבָרִים
הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְּךָ
הַיּוֹם, עַל לִבְבְּךָ.

You shall love Adonai your God with all your heart,
with all your soul, and with all your might.
Take to heart these instructions with which I charge you this day.

V'shinantam l'vanecha, v'dibarta

bam, b'shivt'cha b'veitecha,

uv'lecht'cha vaderech,

uv'shochb'cha uv'kumecha.

Uk'shartam l'ot al yadecha, v'hayu

l'totafot bein einecha. Uch'tavtam

al m'zuzot beitecha uvish'arecha.

וְשִׁנַּנְתָּם לְבָנֶיךָ, וְדִבַּרְתָּ

בָּם, בְּשִׁיבְתְּךָ בְּבֵיתְךָ,

וּבְלֶכְתְּךָ בַּדֶּרֶךְ,

וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ.

וְקִשַּׁרְתָּם לְאוֹת עַל יָדֶיךָ, וְהָיוּ

לְטֹטְפוֹת בֵּין עֵינֶיךָ. וְכָתַבְתָּם

עַל מְזֻזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.

Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

L'maan tizk'ru, vaasitem et

kol mitzvotai, vih'yitem k'doshim

l'Eloheichem. Ani Adonai Eloheichem,

asher hotzeiti et-chem mei-eretz

Mitzrayim lih'yot lachem l'Elohim

ani Adonai Eloheichem.

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת
כָּל מִצְוֹתַי, וְהָיִיתֶם קְדוֹשִׁים
לֵאלֹהֵיכֶם. אֲנִי יְיָ אֱלֹהֵיכֶם,
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ
מִצְרַיִם, לֵהְיוֹת לָכֶם לֵאלֹהִים,
אֲנִי יְיָ אֱלֹהֵיכֶם.

Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

Sing the song of a people,
joined in understanding and respect.
The song of God's miracles,
an earth protected and cherished;
a gift for our children
and the generations to come.
The song of a land once ravished by war,
now quiet and content;
her soldiers home, to leave no more.
The song of a world redeemed:
the song of peace.

Mi chamochah ba'eilim, Adonai,

Mi kamochah nedar bakodesh,

nora t'hilot, oseih fele!

מִי כַמֹּכָה בְּאֵלִים יְיָ,

מִי כַמֹּכָה נֶאֱדָר בִּקְדֹשׁ,

נֹרָא תְהִלֹת, עֹשֶׂה פִלֵּא.

Who is like You, O God, among the gods that are worshipped?

Who is like You, majestic in holiness,
awesome in splendor, working wonders?

*Malchut'cha ra-u vanecha,
bokei-a yam lifnei Moshe.
Zeh Eli, anu v'amru,
Adonai yimloch l'olam va-ed!*

מַלְכוּתְךָ רָאוּ בְּנֵיךָ,
בֹּקַעַיִם לִפְנֵי מֹשֶׁה,
זֶה אֱלֹהֵינוּ וְאָמְרוּ:
יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.

Your children witnessed Your sovereignty,
the sea splitting before Moses and Miriam.

“This is our God!” they cried.

“Adonai will reign forever and ever!”

V'ne-emar:

ki fadah Adonai et Yaakov,

ug'alo miyad chazak mimenu.

Baruch atah, Adonai, gaal Yisrael.

וְנֵאמָר:

כִּי פָדָה יְיָ אֶת יַעֲקֹב,

וּגְאָלוֹ מִיַּד חֲזָק מִמֶּנּוּ.

בָּרוּךְ אַתָּה יְיָ, גֹּאֵל יִשְׂרָאֵל.

Thus it is said, “Adonai redeemed Jacob,
from a hand stronger than his own.”

Praised are You, Adonai, for redeeming Israel.

Give us a place to rest, Adonai, our God.
Bring us into shelter
in the soft, long, evening shadows of Your truth.
For with You are true protection and safety,
and in Your Presence are acceptance and gentle love.
Watch over us as we go forth.
Prepare for us as we return.
Spread over us Your shelter of peace,
over all we love – over our Jerusalem and Yours.

בָּרוּךְ אַתָּה, יְיָ, הַפּוֹרֵשׁ סִכַּת שְׁלוֹם עָלֵינוּ
וְעַל כָּל עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשָׁלָּיִם.

*Baruch atah Adonai, haporeis sukat shalom aleinu
v'al kol amo Yisrael v'al Yerushalayim.*

<i>V'shamru v'nei Yisrael et HaShabbat,</i>	וְשָׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת,
<i>laasot et HaShabbat l'dorotam</i>	לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם
<i>b'rit olam.</i>	בְּרִית עוֹלָם.
<i>Beini u'vein b'nei Yisrael</i>	בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל
<i>ot hi l'olam,</i>	אֹת הִיא לְעוֹלָם,
<i>ki sheishet yamim asah Adonai</i>	כִּי שֵׁשֶׁת יָמִים עָשָׂה יְיָ
<i>et hashamayim v'et haaretz,</i>	אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ,
<i>u'vayom hashvi-i shavat vayinafash.</i>	וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֶשׁ.

The people of Israel shall keep Shabbat,
observing Shabbat throughout the ages as a covenant for all time.

It is a sign for all time between Me and the people of Israel.

For in six days Adonai made heaven and earth,
and on the seventh day God ceased from work and was refreshed.

*Adonai, s'fatai tiftach,
ufi yagid t'hilatecha.*

אֲדֹנָי, שְׁפֹתַי תִּפְתָּח,
וּפִי יַגִּיד תְּהִלָּתְךָ.

Adonai, open up my lips,
that my mouth may declare Your praise.

Baruch atah, Adonai Eloheinu

v'Elohei avoteinu v'imoteinu,

Elohei Avraham, Elohei Yitzchak,

v'Elohei Yaakov, Elohei Sarah,

Elohei Rivkah, Elohei Rachel

v'Elohei Leah.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ
וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,
אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי
יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה,
אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.

Blessed are You, Adonai our God, God of our fathers and our mothers.

God of Abraham, God of Isaac, and God of Jacob, God of Sarah,

God of Rebecca, God of Rachel, and God of Leah.

Ha-El hagadol hagibor v'hanora,

El elyon, gomeil chasadim tovim,

v'konei hakol, v'zocheir

chasdei avot v'imahot,

umeivi g'ulah liv'nei v'neihem

l'maan sh'mo b'ahavah.

הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא,

אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים,

וְקוֹנֵה הַכּוֹל, וְזוֹכֵר

חֲסֵדֵי אָבוֹת וְאִמָּהוֹת,

וּמְבִיא גְאֻלָּה לְבְנֵי בְנֵיהֶם,

לְמַעַן שְׁמוֹ בְּאַהֲבָה.

the great, mighty and awesome God, transcendent God who
bestows loving kindness, creates everything out of love, remembers the
love of our fathers and mothers, and brings redemption to their children's
children for the sake of the Divine Name.

Melech ozeir umoshia umagein.

Baruch atah Adonai,

magein Avraham v'ezrat Sarah.

מֶלֶךְ עֹזֵר וּמוֹשִׁיעַ וּמָגֵן.

בָּרוּךְ אַתָּה יְיָ,

מָגֵן אַבְרָהָם וְעֶזְרַת שָׂרָה.

Sovereign, Deliverer, Helper and Shield,

Blessed are You, Adonai,

Sarah's Helper, Abraham's Shield.

*Atah gibor l’olam, Adonai,
m’chayeih hakol [meitim] atah,
rav l’hoshia.*

אַתָּה גִבּוֹר לְעוֹלָם אֲדֹנָי,
מְחַיֶּה הַכֹּל (מֵיָתִים) אַתָּה,
רַב לְהוֹשִׁיעַ.

*Mashiv haruach
umorid hagashem.*

מַשִּׁיב הָרוּחַ
וּמוֹרִיד הַגֶּשֶׁם.

You are forever mighty, Adonai;
You give life to all (revive the dead).
and have a great ability to save.
You cause wind to shift and rain to fall.

M’chalkeil chayim b’chesed

m’chayei hakol [meitim]

b’rachamim rabim,

someich noflim,

v’rofei cholim,

umatir asurim,

מְכַלְכֵּל חַיִּים בְּחֶסֶד,

מְחַיֶּה הַכֹּל (מֵתִים)

בְּרַחֲמִים רַבִּים,

סוֹמֵךְ נוֹפְלִים,

וְרוֹפֵא חוֹלִים,

וּמַתִּיר אֲסוּרִים,

You sustain life through love, giving life to all (reviving the dead)
through great compassion, supporting the fallen, healing the sick,
freeing the captive,

um’kayeim emunato lisheinei afar,

Mi chamochah baal g’vurot

umi domeh lach, Melech meimit

um’chayeh umatzmiach y’shuah.

V’ne-eman atah

l’hachayot hakol (meitim).

וּמְקַיֵּם אֱמוּנָתוֹ לִישְׁנֵי עָפָר,

מִי כְמוֹךָ בַּעַל גְּבוּרוֹת

וּמִי דוֹמֶה לָךְ, מֶלֶךְ מֵמִית

וּמַחְיֶה וּמַצְמִיחַ יְשׁוּעָה.

וְנֶאֱמָן אַתָּה

לְהַחְיֹת הַכֹּל (מֵתִים).

keeping faith with those who sleep in the dust.

Who is like You, Source of mighty acts? Who resembles You,
a Sovereign who takes and gives life, causing deliverance to spring up
and faithfully giving life to all (reviving that which is dead)?

בָּרוּךְ אַתָּה יְיָ, מְחַיֶּה הַכֹּל (הַמֵּתִים).

Baruch atah Adonai, m'chayeih hakol (hameitim).

Blessed are You, Adonai, who gives life to all (who revives the dead).

Atah kadosh v'shimcha kadosh

uk'doshim b'chol yom

y'hal'lucha, selah.

Baruch atah, Adonai,

Ha-El hakadosh.

אַתָּה קָדוֹשׁ וְשִׁמְךָ קָדוֹשׁ,

וְקַדּוֹשִׁים בְּכָל יוֹם

יְהַלְלוּךָ סֵלָה.

בָּרוּךְ אַתָּה, יי,

הָאֵל הַקָּדוֹשׁ.

You are holy, Your name is holy,
and those who are holy praise you every day.
Blessed are You, Adonai, the holy God.

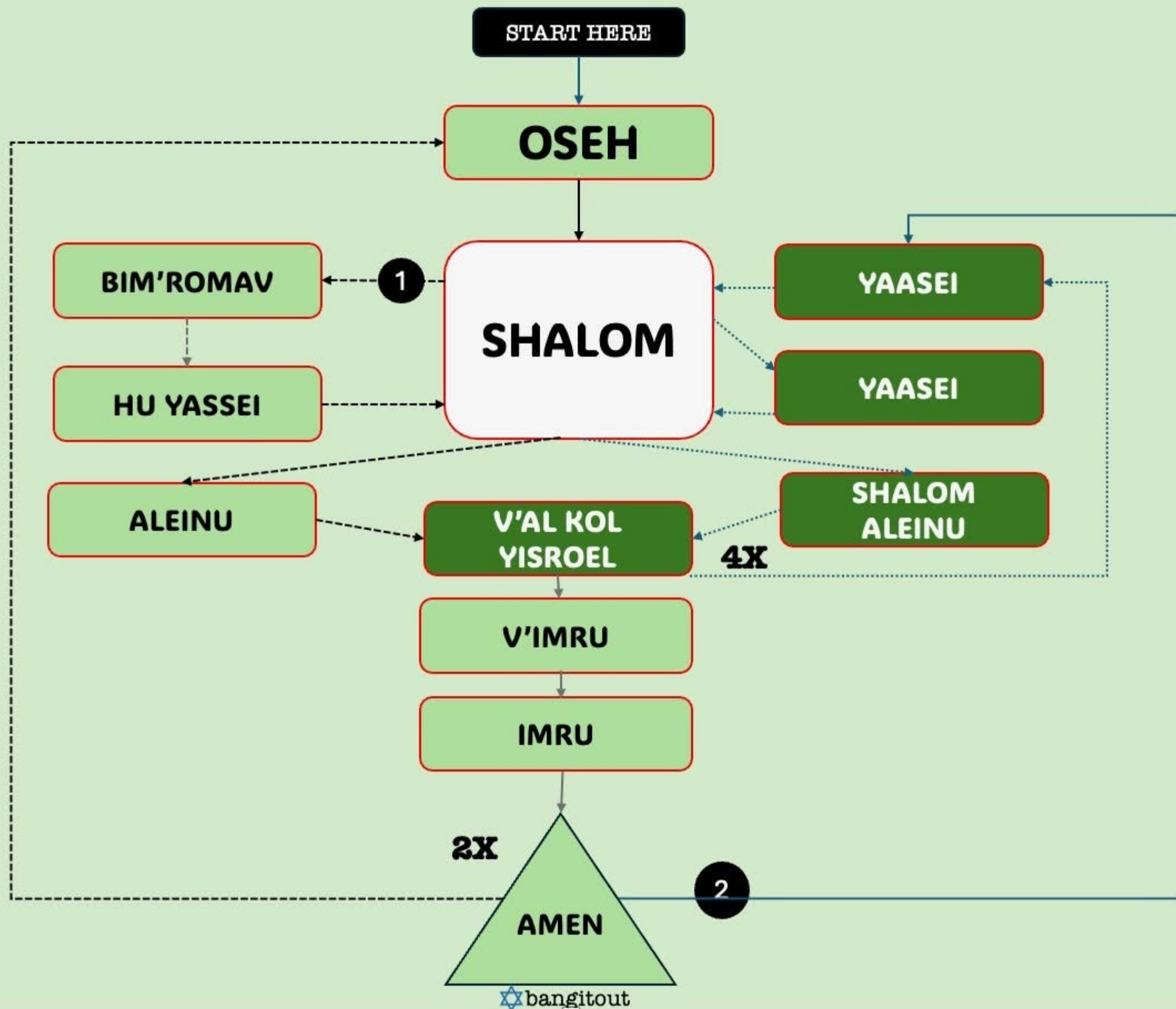
We take a moment
for silent prayer.

If you have your own copy of the siddur,
please continue silently to page 62.

*Oseh shalom bimromav,
hu ya'aseh shalom aleinu,
v'al kol Yisrael,
v'al kol yoshvei teivel,
v'imru: Amen.*

עֹשֶׂה שָׁלוֹם בְּמִרְמָיו,
הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל,
וְעַל כָּל יוֹשְׁבֵי תֵבֵל,
וְאָמְרוּ אָמֵן.

May the One who makes peace in the high heavens make peace for us,
for all of Israel and all who inhabit the earth. Amen.



Assemble the people, men, women, and children,
and the strangers in your cities,
to hear, to learn, to revere Adonai your God,
to observe faithfully the words of this Torah.
And let their children, who do not yet know it, hear,
that they, too, may learn to revere Adonai your God.

*Ki mitziyon teitzei Torah,
udvar Adonai miY'rushalayim.*

כִּי מִצִּיּוֹן תֵּיֵצֵא תּוֹרָה,
וּדְבַר יְיָ מִירוּשָׁלַיִם.

From out of Zion will come the Torah,
and the word of Adonai from Jerusalem.

*Baruch shenatan Torah
l'amo Yisrael bikdushato.*

בָּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ
יִשְׂרָאֵל בְּקִדְּשָׁתוֹ.

Blessed is God who in holiness gave
the Torah to the people Israel.

*Sh'ma Yisrael, Adonai Eloheinu,
Adonai Echad!*

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ,
יְיָ אֶחָד.

Hear, O Israel, Adonai is our God,
Adonai is One.

*Echad eloheinu,
gadol Adoneinu,
kadosh sh'mo.*

אֶחָד אֱלֹהֵינוּ,
גָּדוֹל אֲדוֹנֵנוּ,
קָדוֹשׁ שְׁמוֹ.

Our God is One,
Adonai is great,
holy is God's name.

*Gadlu l'Adonai iti,
un'rom'mah sh'mo yachdav.*

גִּדְלוּ לִי אֱתִי,
וְרוֹמְמָה שְׁמוֹ יַחְדָּו.

Exalt Adonai with me,
let us extol God's name together.

*L'cha, Adonai, hag'dulah,
v'hag'vurah, v'hatiferet,
v'haneitzach, v'hahod—
ki-chol bashamayim uvaaretz.
L'cha, Adonai, hamamlachah
v'hamitnasei, l'chol l'rosh.*

לְךָ, יְיָ, הַגְּדֻלָּה
וְהַגְּבוּרָה, וְהַתְּפָאֶרֶת,
וְהַנִּצָּח, וְהַהוֹד,
כִּי־כָל בַּשָּׁמַיִם וּבָאָרֶץ.
לְךָ, יְיָ, הַמַּמְלָכָה
וְהַמִּתְנַשֵּׂא, לְכָל לְרֹאשׁ.

Yours, Adonai, is the greatness, might, splendor, triumph,
and majesty—yes, all that is in heaven and on earth;
To You, Adonai, belong sovereignty and preeminence above all.

Al sh'loshah d'varim

haolam omeid:

al HaTorah v'al haavodah

v'al g'milut chasadim.

עַל שְׁלֹשָׁה דְּבָרִים

הָעוֹלָם עוֹמֵד:

עַל הַתּוֹרָה וְעַל הָעֲבוּדָה

וְעַל גְּמִילוּת חֲסָדִים.

The world is sustained by three things:

Torah, worship and loving deeds.

Bar'chu et Adonai ham'vorach.

בָּרְכוּ אֶת יְיָ הַמְּבָרָךְ.

Baruch Adonai ham'vorach l'olam va-ed.

בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

Baruch atah, Adonai

בָּרוּךְ אַתָּה, יְיָ

Eloheinu, Melech haolam,

אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,

asher bachar banu mikol haamim,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים,

v'natan lanu et Torato.

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

Baruch atah, Adonai, notein haTorah.

בָּרוּךְ אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה.

Bless Adonai who is blessed.

Blessed is Adonai who is blessed now and forever.

Blessed are You, Adonai our God, Sovereign of the universe,
who has chosen us from among the people, and given us the Torah.

Blessed are You, Adonai, who gives the Torah.

^{29:35}On the eighth day you shall hold a solemn gathering; you shall not work at your occupations. ³⁶You shall present a burnt offering, an offering by fire of pleasing odor to the Eternal; one bull, one ram, seven yearling lambs, without blemish; ³⁷the meal offerings and libations for the bull, the ram, and the lambs, in the quantities prescribed; ³⁸and one goat for a purgation offering—in addition to the regular burnt offering, its meal offering and libation.

^{29:35} בַּיּוֹם הַשְּׁמִינִי עֲצֹרֶת תִּהְיֶה
לָכֶם כָּל-מְלָאכָת עֲבֹדָה לֹא תַעֲשׂוּ:
³⁶ וְהִקְרַבְתֶּם עֹלָה אֵשָׁה יְרִיחַ נִיחֹחַ
לַיהוָה פֶּר אֶחָד אֵיל אֶחָד כִּבְשִׁים
בְּנֵי-שָׁנָה שִׁבְעָה תְּמִימִם:
³⁷ מִנְחֹתָם וְנִסְכֵיהֶם לֶפָר לְאֵל
וְלִכְבָּשִׁים בְּמִסְפָּרָם כַּמִּשְׁפָּט:
³⁸ וְשֶׁעִיר חַטָּאת אֶחָד מִלְּבַד עֹלֹת
הַתְּמִיד וּמִנְחָתָהּ וְנִסְכָּהּ:

³⁹All these you shall offer to the Eternal at the stated times, in addition to your votive and freewill offerings, be they burnt offerings, meal offerings, libations, or offerings of well-being.

^{30:1}So Moses spoke to the Israelites just as the Eternal had commanded Moses.

³⁹ אֵלֹהִים תַּעֲשׂוּ לַיהוָה בְּמוֹעֲדֵיכֶם לְבִד
מִנְדְּרֵיכֶם וְנִדְבָתֵיכֶם לְעֹלֹתֵיכֶם
וּלְמִנְחֹתֵיכֶם וּלְנִסְכֵיכֶם
וּלְשֵׁלְמֵיכֶם: ^{30:1} וַיֹּאמֶר מֹשֶׁה
אֶל־בְּנֵי יִשְׂרָאֵל כָּכָל אֲשֶׁר־צִוָּה יְיָ
אֶת־מֹשֶׁה:

Baruch atah, Adonai

Eloheinu, Melech haolam,

asher natan lanu Torat emet,

v'chayei olam nata b'tocheinu.

Baruch atah, Adonai, notein haTorah.

בָּרוּךְ אַתָּה, יְיָ

אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,

אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,

וַחַיֵּי עוֹלָם נָטַע בְּתוֹכָנוּ.

Blessed are You, Adonai our God, Sovereign of the universe,
who has given us a Torah of truth, implanting within us eternal life.

Blessed are You, Adonai, who gives the Torah.

Mi shebeirach avoteinu v'imoteinu,

Avraham, Yitzchak v'Yaakov,

Sarah, Rivkah, Rachel v'Lei-ah,

hu y'vareich et [name] ben/bat [parents]

baavur she-alah/she-altah

lich'vot HaMakom, lich'vod haTorah.

מִי שֶׁבִּרַךְ אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,

אַבְרָהָם, יִצְחָק וְיַעֲקֹב,

שָׂרָה, רִבְקָה, רָחֵל וְלֵאָה,

הוּא יְבָרֵךְ אֶת [name] בֶּן/בַּת [parents]

בְּעִבּוּר שֶׁעָלָה/שֶׁעָלָתָה

לְכָבוֹד הַמָּקוֹם, וְלְכָבוֹד הַתּוֹרָה.

May the One who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah, bless [name] son/daughter of [parents], since he/she has come up to the Torah in honor of God and Torah.

Bis'char zeh HaKodosh Baruch Hu

yishm'reihu/hishm'rehah

v'yatzileihu/v'yatzilehah

mikol tzarah v'tzukah umikol nega umachalah,

v'yishlach b'rachah v'hatzlachah

v'chol maaseh Yadav/yadeha,

im kol Yisrael. V'nomar: Amen.

בשׁכַר זֶה הַקֹּדוֹשׁ בָּרוּךְ הוּא

יִשְׁמְרֵהוּ/יִשְׁמְרֶהָ

וַיַּצִּילֵהוּ/וַיַּצִּילֶהָ

מִכָּל צָרָה וְצוּקָה וּמִכָּל נֶגַע וּמַחֲלָה,

וַיִּשְׁלַח בְּרָכָה וְהַצְלָחָה

בְּכָל מַעֲשֵׂה יָדָיו/יָדֶיהָ,

עִם כָּל יִשְׂרָאֵל. וְנֹאמַר: אָמֵן.

May he/she merit from the Holy One of Blessing protection, rescue from any trouble or distress, and from any illness, minor or serious; may God send blessing and success in his/her every endeavor, together with all Israel, and let us say, Amen.

Mi shebeirach avoteinu

M'kor hab'rachah l'imoteinu.

מִי שֶׁבִּרַךְ אֲבוֹתֵינוּ

מִקּוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ.

May the source of strength, who blessed the ones before us,
Help us find the courage to make our lives a blessing,
and let us say, Amen.

Mi shebeirach imoteinu

M'kor habrachah laavoteinu.

מִי שֶׁבִּרַךְ אִמּוֹתֵינוּ

מִקּוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.

Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say, Amen.

V’zot HaTorah

asher sam Mosheh

lif’nei b’nei Yisrael,

al pi Adonai b’yad Mosheh.

וְזֹאת הַתּוֹרָה

אֲשֶׁר שָׂם מֹשֶׁה

לִפְנֵי בְנֵי יִשְׂרָאֵל,

עַל פִּי יְיָ בְּיַד מֹשֶׁה.

This is the Torah which Moses placed
before the people of Israel,
God’s word through the hand of Moses.

When Torah entered the world, freedom entered it.
The whole Torah exists only to establish peace.

Its highest teaching is love and kindness.
What is hateful to you, do not do to any person.

That is the whole Torah; all the rest is commentary. Go and learn it.
Those who study Torah are the true guardians of civilization.

Honoring one another, doing acts of kindness,
And making peace: these are our highest duties.
But the study of Torah is equal to them all,
Because it leads to them all.

Let us learn in order to teach.
Let us learn in order to do!

Ki lekach tov natati lachem,

Torati al taazovu.

Eitz chayim hi lamachazikim bah,

v'tom'cheha m'ushar.

D'racheha darchei no-am,

v'chol n'tivoteha shalom.

Hashiveinu Adonai eilecha v'nashuvah,

chadeish yameinu k'kedem.

כִּי לָקַח טוֹב נָתַתִּי לָכֶם:

תּוֹרַתִּי אֶל תַּעֲזֹבוּ.

עֵץ חַיִּים הִיא לַמַּחֲזִיקִים בָּהּ,

וְתַמְכֶּיהָ מֵאֲשָׁר.

דַּרְכֶּיהָ דַּרְכֵי נֹעַם,

וְכָל נְתִיבוֹתֶיהָ שָׁלוֹם.

הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנָשׁוּבָה,

חַדֵּשׁ יָמֵנוּ כְּקֵדֶם.

For I have give you good instruction; do not abandon My Torah.

It is a Tree of Life for those who hold fast to it,

and all its supporters are happy.

Its ways are ways of pleasantness, and all its paths are peace.

Return us to You, Adonai, and we will return; renew our days as of old.



D'var Torah

Rabbi Benjamin Zober

Aleinu l'shabei-ach laadon hakol,

lateit g'dulah l'yotzeir b'reishit,

shelo asanu k'goyei haaratzot,

v'lo samanu k'mishp'chot haadamah.

Shelo sam chelkeinu kahem,

v'goraleinu k'chol hamonam.

עֲלֵינוּ לְשַׁבֵּחַ לְאֲדוֹן הַכֹּל,
לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,

שֶׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלֹא שָׂמְנוּ כְּמִשְׁפָּחוֹת הָאָדָמָה.

שֶׁלֹא שָׂם חֵלְקֵנוּ כִּהֶם,
וְגָרְלָנוּ כְּכָל־הַמּוֹנִם.

Let us now praise the Sovereign of the universe, and proclaim the greatness
of the Creator who has set us apart from the other families of the earth,
giving us a destiny unique among the nations.

*Vaanachnu kor'im
umishtachavim umodim,
lifnei Melech
mal'chei hamlachim
HaKadosh Baruch Hu.*

וַאֲנַחֲנוּ כּוֹרְעִים
וּמִשְׁתַּחֲוִים וּמוֹדִים,
לְפָנֵי מֶלֶךְ,
מַלְכֵי הַמְּלָכִים
הַקָּדוֹשׁ בָּרוּךְ הוּא.

We bend the knee and bow,
acknowledging the supreme Sovereign,
the Holy One of Blessing.

Let the time not be distant, O God,
when all shall turn to You in love,
when corruption and evil shall give way to integrity and goodness,
when superstition shall no longer enslave the mind,
nor idolatry blind the eye.

O may all, created in Your image,
become one in spirit and one in friendship,
forever united in Your service.

Then shall Your realm be established on earth,
and the word of Your prophet fulfilled:
“Adonai will reign for ever and ever.”

V'ne-emar, v'hayah Adonai

l'Melech al kol Haaretz.

Bayom hahu yih'yeh

Adonai echad ush'mo echad.

וְנֵאמַר, וְהָיָה יְיָ

לְמֶלֶךְ עַל כָּל הָאָרֶץ.

בַּיּוֹם הַהוּא יִהְיֶה

יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

Thus it has been said, Adonai
will be Sovereign over all the earth.
On that day, Adonai will be one,
and God's Name will be one.”

Zichronam livrachah —

— זְכוֹרָנוּם לְבִרְכָּה

May their memories be a blessing.

Yitgadal v'yitkadash sh'meih raba,

b'alma di v'ra chiruteih.

V'yamlich malchuteih

b'chayeichon uvyomeichon,

uvchayei d'chol-beit Yisrael,

baagala uvizman kariv.

V'imru: Amen.

Y'hei sh'meih raba m'varach

l'alam ul-almei almaya.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.

בְּעַלְמָא דִּי בְרָא כְרַעוּתָהּ,

וְיַמְלִיךְ מַלְכוּתָהּ

בְּחַיֵּינוּ וּבְיוֹמֵינוּ

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,

בְּעֶגְלָא וּבְזִמָּן קָרִיב,

וְאָמְרוּ אָמֵן.

יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ

לְעָלָם וּלְעָלְמֵי עָלְמֵיָא.

Yitbarach v'yishtabach v'yitpaar

v'yitromam v'yitnasei

v'yit-hadar v'yitaleh v'yit-halal

sh'meih d'kudsha, B'rich Hu,

l'eila min kol

birchata v'shirata,

tushb'chata v'nechemata,

daamiran b'alma.

V'imru: Amen.

יְתַבְּרַךְ וְיִשְׁתַּבַּח וְיִתְּפֹאֵר

וְיִתְּרוֹמֵם וְיִתְּנִשֵּׂא וְיִתְּהַדָּר

וְיִתְּעַלֶּה וְיִתְּהַלָּל

שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא,

לְעֵלָּא מִן כָּל

בִּרְכָתָא וְשִׁירָתָא,

תְּשֻׁבָתָא וְנֶחֱמָתָא,

דְּאִמְיָרוּ בְּעֵלְמָא.

וְאָמְרוּ: אָמֵן.

*Y'hei sh'lama raba min sh'maya,
v'chayim aleinu v'al kol-Yisrael.
V'imru: Amen.*

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא,
וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל.
וְאָמְרוּ: אָמֵן.

*Oseh shalom bimromav,
hu yaaseh shalom aleinu
v'al kol-Yisrael
V'imru: Amen.*

עֹשֶׂה שְׁלוֹם בְּמִרְמִיו,
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל.
וְאָמְרוּ: אָמֵן.

May the Source of peace send peace to all who mourn,
and comfort to all who are bereaved. Amen.

Announcements

// Friday, October 2 //

-- 7:30 pm Kabbalat Shabbat Service

Open Doors & Connected Hearts

Our sanctuary is kept vibrant and warm by the dedication of those who care for our community week after week. This week, we extend our sincere appreciation to our **Temple Board members** for greeting everyone with a warm welcome at our doors, and to **Tova McGilvray** for anchoring our livestream tech so our home community stays seamlessly connected. We also send our deep thanks to our **anonymous Oneg Challenge donor** for generously sponsoring this week's Oneg Shabbat. *Yasher koach* to all who bring their spirit, time, and care to Temple Sinai!

-- Yism'zoom (for those who are online)

Virtual Oneg with live video on Zoom after service. Visit SinaiReno.org/LIVE for details to participate.

To host an in-person Oneg at Temple Sinai, sign up at SinaiReno.org/Oneg.

// Saturday, October 3 //

-- 10:00 am Torah Study
via Zoom with Rabbi Sara Zober
(Register: SinaiReno.org/TorahStudy)

Announcements

(Continued)

// Sunday, October 4 //

-- No Sinai School or Family T'filah (WCSD
Fall Break; classes resume Oct. 18)

-- 9:00 am Sukkah Teardown: All hands
needed!

-- 7:30 pm Simchat Torah Celebration in the
Temple Sanctuary: Service and Torah on
Parade with special Torah reading and fun
for the kids!

// Tuesday, October 6 //

-- 12:00 pm Lunch with the Rabbi

// Friday, October 9 //

-- 7:30 pm Kabbalat Shabbat Service with the
Oneg Shabbat sponsored by Kari Zbella

in celebration of her husband, Mike
Zbella, on his 60th birthday

// Saturday, October 10 //

-- No Torah Study

// Sunday, October 11 //

-- No Sinai School or Family T'filah (WCSD
Fall Break; classes resume Oct. 18)

-- 1:00 pm Who Nu? Season Three: An
Exploration of the Jewish Experience,
featured guest Tanya Nawrocki on “Jews
in Nevada During the Gold Rush Era.”
RSVP at SinaiReno.org/WhoNu

Announcements

(Continued)

// Friday, October 16 //

- 7:30 pm Keys to Shabbat Service featuring accompaniment by Jill Flanzriach (piano) and Brian Fox (violin), with the Oneg Shabbat hosted by Ellen McMullen in celebration of Ellen McMullen and Timothy Nonet's wedding

// Saturday, October 17 //

- 10:00 am Torah Study via Zoom

// Sunday, October 18 //

- 9:30 am Sinai School & Weekday Family T'filah resume
- 1:00 pm Novel Noshers

// Tuesday, October 20 //

- 12:00 pm Lunch with the Rabbi
- 7:00 pm Crafter Schmooze (Bring your latest project and let's craft together!)

// Friday, October 23 //

- 7:30 pm Kabbalat Shabbat Service

// Saturday, October 24//

- 10:00 am Torah Study via Zoom

Announcements

(Continued)

// Volunteers Needed //

Volunteer to chant Torah at our Shabbat service! No experience needed. Practice recordings available. Contact **Laura Smith** (jpc@sinaireno.org) to sign up.

// Livestream Tech Team //

If you are interested in joining the Shabbat livestream tech team, please contact **Michael Gorden** (vp@sinaireno.org).

// Renewal Oneg Challenge //

Accept our “Renewal Oneg Challenge” and sign up to host or sponsor an Oneg Shabbat. Visit SinaiReno.org/Oneg for details.

// Sinai Library //

To browse the collection, please visit SinaiReno.org/Catalog. To access our virtual collection or browse our upcoming events, visit SinaiReno.org/Library. Questions? Email Library@SinaiReno.org.

Announcements

(Continued)

Support Us by Donating via...

- Credit Card: SinaiReno.org/Donate
- Check: Temple Sinai, 3405 Gulling Road, Reno, NV 89503

Staying In Touch...

As always, you can contact Temple Sinai and stay in touch through the Temple Office, email, our website, on Facebook, and on Instagram.

Contact Mike in the Temple office at admin@sinaireno.org or 775-747-5508 to have a name added to our Mi Shebeirach list. Also, contact Mike if you are not already on our email list and would like to receive our updates, or visit SinaiReno.org/newsletter and click the link to add your name.

Become a Temple Member...

- Email our Membership Chair at Membership@SinaiReno.org
- Visit our Membership page at: SinaiReno.org/Membership
- Rabbi Benjamin Zober - 775-629-6011, rabbibenjamin@sinaireno.org
- Rabbi Sara Zober - 775-629-6159, rabbisara@sinaireno.org
- Tova McGilvray, President – 775-223-9519, president@sinaireno.org
- Mike Stombaugh, Temple Administrator - 775-747-5508, admin@sinaireno.org

Additional information can
be found online at:

www.SinaiReno.org

ADON OLAM

Adon olam asher malach,

b'terem kol y'tzir nivra.

L'eit naasah v'cheftzo kol,

azai Melech sh'mo nikra.

אֲדוֹן עוֹלָם אֲשֶׁר מָלַךְ,

בְּטֶרֶם כָּל יִצְיִר נִבְרָא.

לְעֵת נַעֲשָׂה בְּחֶפְצוֹ כָּל,

אֲזִי מֶלֶךְ שְׁמוֹ נִקְרָא.

You are our Eternal God,
who reigned before any being had been created;
when all was done according to Your will,
then You were called Ruler.

V'acharei kichlot hakol,

I'vado yimloch nora.

V'hu hayah, v'hu hoveh,

v'hu yih'yeh, b'tifarah.

וְאַחֲרַי כְּכֹלֹת הַכֹּל,

לְבַדּוֹ יִמְלֹךְ נֹרָא.

וְהוּא הָיָה, וְהוּא הוֹנֶה,

וְהוּא יִהְיֶה, בְּתִפְאָרָה.

And after all ceases to be, You alone will rule in majesty.

You have been, are yet, and will be in glory.

V'hu echad v'ein sheini.

L'hamshil lo l'hachbirah.

B'li reishit b'li tachlit,

v'lo hoaz v'hamisrah.

וְהוּא אֶחָד וְאֵין שֵׁנִי,
לְהַמְשִׁיל לוֹ לְהַחְבִּירָה.
בְּלִי רֵאשִׁית בְּלִי תַּכְלִית,
וְלֹא הָעֵז וְהַמְשָׁרָה.

And You are One; none other can compare to or consort with You.

You are without beginning, without end.

To You belong power and dominion.

*V'hu Eli v'chai go-ali,
v'tzur chevli b'eit tzarah.
V'hu nisi umanos li
m'nat kosi b'yom ekra.*

וְהוּא אֱלֹהֵי וְחִי גֹאֲלִי,
וְצוּר חֲבֻלִי בְּעֵת צָרָה.
וְהוּא נִסִּי וּמָנוֹס לִי
מִנַּת כּוֹסִי בְּיוֹם אֶקְרָא.

And You are my God, my living Redeemer,
my Rock in times of trouble and distress.
You are my standard bearer and my refuge,
my benefactor when I call on You.

*B'yado afkid ruchy,
b'eit ishan v'a-irah.
V'im ruchy g'viyati,
Adonai li v'lo ira.*

בְּיָדוֹ אֶפְקִיד רוּחִי,
בְּעֵת אִישָׁן וְאֶעֱרָה.
וְעִם רוּחִי גְּוִיָּתִי,
יְיָ לִי וְלֹא אִירָא.

Into Your hands I entrust my spirit,
when I sleep and when I wake,
and with my spirit my body also;
Adonai is with me and I shall not fear.

Baruch atah Adonai

Eloheinu Melech haolam,

borei p’ri hagafen.

Baruch atah Adonai

Eloheinu Melech haolam,

asher kid’shanu b’mitzvotav

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

בוֹרֵא פְּרִי הַגָּפֶן.

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו

Praise to You, Adonai our God, Sovereign of the universe,

Creator of the fruit of the vine.

Praise to You, Adonai our God, Sovereign of the universe who,

finding favor with us, sanctified us with mitzvot,

V'ratzah vanu,

וְרָצָה בָּנוּ,

V'shabbat kodsho b'ahavah

וְשַׁבַּת קֹדֶשׁוֹ בְּאַהֲבָה

Uv'ratzon hinchilanu

וּבְרָצוֹן הִנְחִילָנוּ

Zikaron l'maaseh v'reishit,

זִכָּרוֹן לַמַּעֲשֵׂה בְּרֵאשִׁית,

Ki hu yom t'chilah

כִּי הוּא יוֹם תְּחִלָּה

L'mikra-ei kodesh,

לְמִקְרָאֵי קֹדֶשׁ,

In love and favor,
You made the holy Shabbat our heritage
as a reminder of the work of Creation.
As first among our sacred days,

*Zeicher l'tzi-at Mitzrayim,
Ki vanu vacharta v'otanu
Kidashta mikol ha-amim,
V'shabbat kodsh'cha b'ahavah
Uv'ratzon hinchaltanu.
Baruch atah Adonai
M'kadeish hashabbat.*

זֵכֶר לִיצִיאַת מִצְרָיִם,
כִּי בָנוּ בְּחֵרָתְךָ וְאוֹתָנוּ
קִדְשָׁתָּ מִכָּל הָעַמִּים,
וְשַׁבַּת קִדְשְׁךָ בְּאַהֲבָה
וּבְרָצוֹן הִנֵּחְתָּ לָנוּ.
בָּרוּךְ אַתָּה יְיָ,
מְקַדֵּשׁ הַשַּׁבָּת.

It recalls the Exodus from Egypt. You chose us and set us apart from the peoples. In love and favor You have given us Your holy Shabbat as an inheritance. Praise to You, Adonai, who sanctifies Shabbat.

HAMOTZI

Baruch atah, Adonai Eloheinu,

Melech haolam,

hamotzi lechem min haaretz.

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ,

מֶלֶךְ הָעוֹלָם,

הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Our praise to You, Adonai our God, Sovereign of the universe,
who brings forth bread from the earth.



SHABBAT SHALOM

from Temple Sinai!

Music for this service or event was **licensed by JLicense.com** under license number:

Temple Sinai
Reno, NV
A-700217

As a JLicense licensee, this community supports Jewish music and musicians. Visit [JLicense.com](https://www.jlicense.com) for more information.

