

# Shabbat Shalom from Temple Sinai!

This is the Shabbat Morning Service  
for the Bat Mitzvah of  
Jemma Bainton

Saturday, April 26, 2025 at 10:00 am.

Page numbers correspond to  
*siddur Mishkan T'filah for Shabbat.*

Responsive sections are in blue lettering.

\* Rabbi Sara Zober \* Rabbi Benjamin Zober \*

\* Rabbi Emerita Myra Soifer \*

# Today's Service

Today, Jemma Bainton will assume the religious, spiritual, and ethical responsibilities that come with being a Jewish adult by becoming a *Bat Mitzvah*. The term refers to someone who is obligated to follow the commandments as an adult. The first time someone leads the community as an adult is an important and significant Jewish life cycle event. By leading this service, Jemma marks a significant milestone in her life and affirms what we hope will be a lifelong commitment to Jewish living and learning.

# Digital Decorum

Even in the virtual world, we appreciate you respecting the sanctity of the prayer service and all the hard work that Jemma has done to lead the community today. Please consider silencing all electronic notifications and preparing your space for a minimum of distractions so that you can be here celebrating with us. Feel free to say hello in the chat on Facebook or YouTube. Any comments will be available for the family to see after the service, so please keep them topical!

# Digital Decorum

**Wearing a prayer shawl:** In our synagogue, the *tallit* (prayer shawl) may be worn by all adult Jews, regardless of gender. The braided fringes at the four corners of the tallit remind the wearer to observe the commandments of Judaism.

**Wearing a head covering:** A *kippah* (a head covering also called a *yarmulke* in Yiddish) is traditionally worn by everyone during the service. Unlike the *tallit*, which is an article of clothing reserved for adult Jews, wearing some sort of head covering is an act of respect available to anyone entering a synagogue. A head covering announces the wearer's acknowledgement that there is a Holy Presence above. At home you are encouraged to use any head covering you have available.

# About Shabbat Morning Services

The Shabbat Morning Service consists of blessings, psalms, and prayers of praise and gratitude to God. It is the central moment of worship on the Jewish sabbath, which runs from Friday evening at sundown until Saturday evening after sundown. The morning service includes some of Judaism's most significant prayers. The Shema, which expresses Judaism's belief in the oneness of God, is the oldest fixed daily prayer in Judaism. It follows the Barchu, the communal call to prayer. We then pray the Amidah, a series of prayers said while standing and facing east.

# About Shabbat Morning Services

## The Torah Service

The public reading from the Torah is the central part of our morning worship. The Torah is divided into 54 *parshiyot* (portions), one of which is read each week. (We double up portions a few times a year.) The weekly *parasha* is divided into sections chanted by Torah readers, and this morning by Jemma. Each Torah reader must chant the section accurately without relying on vowels, punctuation, musical notation, or separation of paragraphs, as none are included in the Torah scroll. Before each section, a person or persons will be called by their Hebrew names for the honor of an *aliyah* (going up) to recite the blessings before and after reading.



# About Shabbat Morning Services

## The Torah Service

The centerpiece of today's celebration will be when Jemma has her first *aliyah*, an honor expressly reserved for adults. This morning is the first time she will be permitted to go up to the *bimah* (pulpit) and recite the blessings over the Torah on behalf of the congregation.

Jemma will then speak about the meaning of this week's *parasha* by offering a self-composed *D'var Torah* (words of Torah).

Jemma's family would like to thank  
all of her family and friends for  
sharing his special day with them  
on Saturday.

They also offer a special thank you  
her Bat Mitzvah tutor,  
John Louis Gomez.



*Modeh/modah ani l'fanecha,  
Melech chai v'kayam,  
she-hechezarta bi nishmati  
b'chemlah, rabbah emunatecha.*

מוֹדָה / מוֹדָה אֲנִי לְפָנֶיךָ,  
מֶלֶךְ חַי וְקַיִם,  
שֶׁהֶחֱזַרְתָּ בִּי בְנִשְׁמָתִי  
בְּחֶמְלָה, רַבָּה אֱמוּנָתְךָ.

I offer thanks to You,  
ever-living Sovereign,  
that You have restored my soul to me in mercy:  
How great is Your trust.

# Tallit Presentation

Josh and Jennifer Bainton

*Baruch atah Adonai Eloheinu Melech  
haolam, asher kid'shanu b'mitzvotav  
vitzivanu l'hitateif batzitzit.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ  
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,  
וְצִוָּנוּ לְהִתְעַטֵּף בְּצִיצִית.

Blessed are You, Adonai our God,  
Sovereign of the universe,  
who hallows us with mitzvot,  
commanding us to wrap ourselves in fringes.

My God, the soul You have Given me is pure.  
You created it, You shaped it, You breathed it into me,  
and You protect it within me.  
For as long as my soul is within me,  
I offer thanks to you,  
Adonai, my God  
and God of my ancestors,  
Source of all Creation, Sovereign of all souls.  
Praised are You, Adonai,  
in whose hand is every living soul and the breath of humankind.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ בְּיָדוֹ נְפֹשׁ כָּל חַי וְרוּחַ כָּל בְּשָׂר אִישׁ.

*Baruch atah Adonai, asher b'yado nefesh kol chai v'ruach kol b'sar ish.*

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*asher natan lasechvi vinah l’havchin*

*bein yom uvein lailah.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר נָתַן לְשִׁכְוֵי בֵינָה

לְהַבְחִין בֵּין יוֹם וּבֵין לַיְלָה.

Praise to You, Adonai

our God, Sovereign of the Universe,

who has given the mind the ability

to distinguish day from night.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*pokei-ach ivrim.*

בָּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
פוֹקֵחַ עֵינִים.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who opens the eyes of the blind.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*matir asurim.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

מַתִּיר אֲסוּרִים.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who frees the captive.



*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*zokeif k’fufim.*

בָּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
זוֹקֵף כְּפוּפִים.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who lifts up the fallen.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*roka haaretz al hamayim.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

רוֹקֵעַ הָאָרֶץ עַל הַמַּיִם.

Praise to You, Adonai

our God, Sovereign of the Universe,

who stretches the earth over the waters.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*hameichin mitzadei gaver.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

הַמְּכִיז מִצְעָדֵי גֹבֵר.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who strengthens our steps.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*malbish arumim.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

מַלְבִּישׁ עֲרֻמִּים.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who clothes the naked.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*hanotein laya-eif ko-ach.*

בָּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
הַנוֹתֵן לַיָּעֵף כֹּחַ.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who gives strength to the weary.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*hamaavir sheinah mei-einai,*

*ut'numah mei-afapai.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

הַמַּעֲבִיר שֵׁנָה מֵעֵינַי

וְתוֹמָה מֵעַפְעָפִי.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who removes sleep from the eyes,  
slumber from the eyelids.



*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*she-asani b'tzelem Elohim.*

בָּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
נִשְׁעָשְׂנִי בְּצַלְמְ אֱלֹהִים.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who made me in the image of God.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*she-asani ben (m) / bat (f) /*

*bet (n) chorin.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

נִשְׁעַשְׁנִי בֶן / בַּת /

בֵּת חוֹרֵין.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who has made me free.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*she-asani Yisrael.*

בָּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
נַשְׁעֲשֵׂנִי יִשְׂרָאֵל.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who has made me a Jew.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*ozeir Yisrael big'vurah.*

בָּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
אוֹזֵר יִשְׂרָאֵל בְּגִבּוֹרָה.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who girds Israel with strength.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*oteir Yisrael b'tifarah.*

בְּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
עוֹטֵר יִשְׂרָאֵל בְּתִפְאָרָה.

Praise to You, Adonai  
our God, Sovereign of the Universe,  
who crowns Israel with splendor.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*asher kid'shanu b'mitzvotav*

*v'tzivanu laasok b'divrei Torah.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,

וְצִוָּנוּ לְעִסוֹק בְּדִבְרֵי תוֹרָה.

Blessed are You, Adonai our God,  
Sovereign of the universe,  
who hallows us with mitzvot,  
commanding us to engage with words of Torah.



O Adonai, our God,  
let the words of Torah be sweet in our mouths  
and the mouths of Your people Israel,  
so that we, our descendants,  
and the descendants of all Your people Israel  
may know You, by studying Your Torah for its own sake.  
Blessed are You, Adonai, who teaches Torah to Your people Israel.

בָּרוּךְ אַתָּה יְיָ, הַמְלַמֵּד תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל.

*Baruch atah Adonai, ham'lameid Torah l'amo Yisrael.*

## Deb Garrett

Blessed is the One who spoke and the world came to be.

Blessed is the One!

Blessed is the One who continually authors creation.

Blessed is the One whose word is deed;

blessed is the One who decrees and fulfills.

Blessed is the One who is compassionate towards the world;

blessed is the One who is compassionate towards all creatures.

Blessed is the One who rewards the reverent;

blessed is the One who exists for all time, ever-enduring.

Blessed is the One who redeems and saves;

blessed is God's Name!

With songs of praise,  
we extol You and proclaim Your Sovereignty,  
for You are the Source of life in the universe.  
One God, Life of the Universe,  
praised and glorious Ruler,  
Your Name is Eternal.

בָּרוּךְ אַתָּה יְיָ, מֶלֶךְ מְהֻלָּל בַּתְּשׁוּבָחוֹת.

*Baruch atah Adonai, Melech m'hulal batishbachot.*

*Kol han'shamah t'haleil Yah*

*Hal'luYah!*

*Hal'lu El b'kodsho,*

*hal'luhu bir'kia uzo.*

*Hal'luhu big'vurotav,*

*hal'luhu k'rov gudlo.*

כָּל הַנְּשָׁמָה תְהַלֵּל יְהוָה,  
הַלְלוּיָהוּ.

הַלְלוּ אֵל בְּקֹדֶשׁוֹ,

הַלְלוּהוּ בְּרִקְיעַ עֲזוֹ.

הַלְלוּהוּ בְּגִבּוֹרֹתָיו,

הַלְלוּהוּ כְּרֹב גְּדֻלּוֹ.

Let all that breathes praise God,  
Hallelujah!

Praise God in God's sanctuary,  
praise God in the sky, God's stronghold.  
Praise God for mighty acts;  
praise God for God's exceeding greatness.

*Kol han’shamah t’haleil Yah*

*Hal’luYah!*

*Hal’luhu b’teika shofar,*

*hal’luhu b’neivel v’chinor.*

*Hal’luhu b’tof umachol,*

*hal’luhu b’minim v’ugav.*

כָּל הַנְּשָׁמָה תְּהַלֵּל יְהוָה  
הַלְלוּיָהּ.

הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר,

הַלְלוּהוּ בְּנֵיבֶל וְכִנּוֹר.

הַלְלוּהוּ בְּתוֹף וּמַחֲוֹל,

הַלְלוּהוּ בְּמִנִּים וְעֻגָב.

Let all that breathes praise God,  
Hallelujah!

Praise God with blasts of the horn;  
praise God with harp and lyre.

Praise God with timbrel and dance;  
praise God with lute and pipe.

*Kol han’shamah t’haleil Yah*

*Hal’luYah!*

*Hal’luhu b’tziltz’lei shama,*

*hal’luhu b’tziltz’lei t’ruah.*

*Kol han’shamah t’haleil Yah*

*Hal’luYah!*

כָּל הַנְּשָׁמָה תְּהַלֵּל יְהוָה  
הַלְלוּיָהּ.

הַלְלוּהוּ בְּצִלְצְלֵי שָׁמַע,  
הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה.

כָּל הַנְּשָׁמָה תְּהַלֵּל יְהוָה  
הַלְלוּיָהּ.

Let all that breathes praise God,  
Hallelujah!

Praise God with resounding cymbals;  
praise God with loud-clashing cymbals.

Let all that breathes praise God,  
Hallelujah!

## Beth Slamowitz

You shall always be praised,  
great and holy God,  
our Sovereign in heaven and on earth.  
Songs of praise and psalms of adoration become You,  
acknowledging Your might and Your dominion.  
Yours are strength and sovereignty,  
sanctity, grandeur and glory always.  
We offer our devotion, open our hearts in acclamation.

*Baruch atah Adonai,*

*El Melech gadol batishbachot,*

*El hahodaot,*

*Adon haniflaot,*

*habocheir b’shirei zimrah,*

*Melech, El, chei haolamim.*

בָּרוּךְ אַתָּה יְיָ,

אֵל מֶלֶךְ גָּדוֹל בַּתִּשְׁבָּחוֹת,

אֵל הַהוֹדָאוֹת,

אֲדוֹן הַנִּפְלְאוֹת,

הַבוֹחֵר בְּשִׁירֵי זִמְרָה,

מֶלֶךְ, אֵל, חַי הָעוֹלָמִים.

Praised are You, Sovereign of wonders,  
crowned in adoration,  
delighting in song,  
Eternal Majesty.



*Yitgadal v'yitkadash sh'meih raba*

*b'alma di v'ra chiruteih,*

*v'yamlich malchuteih*

*b'chayeichon uvyomeichon*

*uvchayei d'chol beit Yisrael,*

*baagala uvizman kariv,*

*v'imru: Amen.*

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.

בְּעַלְמָא דִּי בְרָא כְרַעוּתָהּ,

וַיְמַלִּיךְ מַלְכוּתָהּ

בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,

בְּעֵגְלָא וּבְזַמַּן קָרִיב,

וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name, in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel – speedily, imminently. To which we say: **Amen.**

*Y'hei sh'meih raba m'varach  
l'alam ul-almei almaya.*

יְהִי שֵׁמִיָּה רַבָּא מְבָרַךְ  
לְעָלַם וּלְעָלְמֵי עָלְמֵיָא.

*Yitbarach v'yishtabach, v'yitpaar  
v'yitromam v'yitnasei,  
v'yit-hadar v'yitaleh v'yit-halal  
sh'meih d'kudsha b'rich hu,*

יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר  
וְיִתְרוֹמַם וְיִתְנַשֵּׂא,  
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל  
שֵׁמִיָּה דְקוּדְשָׁא בְרִיךְ הוּא,

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and  
lauded be the name of the Holy Blessed One,

*l'eila min kol*

*birchata v'shirata,*

*tushb'chata v'nechemata,*

*daamiran b'alma,*

*v'imru: Amen.*

לְעֵלָא מִן כָּל

בְּרַכְתָּא וְשִׁירָתָא,

תְּשׁוּבָתָא וְנֶחֱמָתָא,

דְּאֲמִירוּן בְּעֵלְמָא,

וְאָמְרוּ: אָמֵן.

Beyond the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: *Amen*.

*Barchu et Adonai ham’vorach!*

*Baruch Adonai ham’vorach*

*l’olam vaed!*

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ!

בְּרוּךְ יְיָ הַמְּבָרָךְ:

לְעוֹלָם וָעֶד!

**Praise Adonai to whom praise is due forever!**

Praised be Adonai to whom praise is due,  
now and forever!

*Baruch atah, Adonai,*

*Eloheinu melech haolam,*

*yotzeir or uvorei choshech;*

*oseh shalom uvorei et hakol.*

*Hame-ir laaretz v'ladarim*

*aleha b'rachamim.*

בָּרוּךְ אַתָּה יְיָ,

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

יוֹצֵר אוֹר וּבוֹרֵא חֹשֶׁךְ,

עוֹשֶׂה שְׁלוֹם וּבוֹרֵא אֶת הַכֹּל.

הַמַּאִיר לָאָרֶץ וְלַדָּרִים

עָלֶיךָ בְּרַחֲמִים,

Praised are You, Adonai our God, Sovereign of the universe, Creator of light and darkness, who makes peace and fashions all things. In mercy, you illumine the world and those who live upon it.

*uv'tuvo m'chadeish b'chol yom  
tamid maaseih v'reishit.*

*Mah rabu maasecha, Adonai,  
kulam b'chochmah asita,  
mal'ah haaretz kinyanecha.*

וּבְטוֹבוֹ מְחַדֵּשׁ בְּכָל  
יוֹם תָּמִיד מַעֲשֵׂה בְרִאשִׁית.

מָה רַבּוּ מַעֲשֵׂיךָ יְיָ,  
כֻלָּם בְּחֹכְמָה עָשִׂיתָ,  
מְלֵאָה הָאָרֶץ קִינְיָנְךָ.

In Your goodness You daily renew creation.

How numerous are Your works, Adonai!

In wisdom, You formed them all,  
filling the earth with Your creatures.

*Titbarach, Adonai Eloheinu,  
al shevach maaseih yadecha  
v'al m'orei or she-asita,  
y'farucha selah.*

*Or chadash al Tziyon ta-ir;  
v'nizkeh chulanu m'heirah l'oro.*

תִּתְבָּרַךְ יְיָ אֱלֹהֵינוּ  
עַל שֵׁבַח מַעֲשֵׂה יָדֶיךָ,  
וְעַל מְאֹרֵי אוֹר  
שֶׁעָשִׂיתָ יִפְאֲרוּךְ סֵלָה.  
אוֹר חָדָשׁ עַל צִיּוֹן תְּאִיר,  
וְנִזְכֶּה כָּלֵנוּ מְהֵרָה לְאוֹרוֹ.

Be praised, Adonai our God, for the excellent work of Your hands,  
and for the lights You created, may they glorify You.  
Shine a new light upon Zion, that we all may swiftly merit its radiance.

*Baruch atah, Adonai,  
yotzeir ham'orot.*

בָּרוּךְ אַתָּה יְיָ,  
יוֹצֵר הַמְּאֹרוֹת.

Praised are You, Adonai, Creator of all heavenly lights.



How deeply You have loved us Adonai, our God, gracing us with surpassing compassion! On account of our forebears whose trust led You to teach them the laws of life, be gracious to us, teaching us as well. O Merciful One, have mercy on us by making us able to understand and discern, to heed, learn, and teach, and, lovingly, to observe, perform, and fulfill all that is in Your Torah.

Enlighten our eyes with Your Torah, focus our minds on Your mitzvot, unite our hearts in love and reverence for Your Name. Then we will never feel shame, never deserve rebuke, and never stumble. Having trusted in Your great and awesome holiness, we shall celebrate Your salvation with joy.

Gather us in peace from the four corners of the earth and lead us upright to our land. For You, O God, work wonders. You chose us. Truly, You drew us near to Your Great Name, that we might acknowledge You, declaring You One in love.

Praised be You, Adonai, who chooses Your people Israel in love.

בָּרוּךְ אַתָּה יְיָ, הַבּוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה.

*Baruch atah Adonai, habocheir b'amo Yisrael b'ahavah.*

*Sh'ma, Yisrael:*

*Adonai Eloheinu,*

*Adonai echad!*

*Baruch shem k'vod*

*malchuto l'olam va-ed.*

שְׁמַע יִשְׂרָאֵל,

יְהוָה אֱלֹהֵינוּ,

יְהוָה אֶחָד.

בָּרוּךְ שֵׁם כְּבוֹד

מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Hear O Israel, Adonai is our God, Adonai is One!  
Blessed is God's glorious majesty, forever and ever.

*V’ahavta et Adonai Elohecha,  
b’chol l’vavcha uv’chol nafsh’cha  
uv’chol m’odecha. V’hayu had’varim  
ha-eileh asher anochi m’tzav’cha  
hayom al l’vavecha.*

וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ,  
בְּכָל לְבָבְךָ, וּבְכָל נַפְשְׁךָ,  
וּבְכָל מְאֹדְךָ. וְהָיוּ הַדְּבָרִים  
הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְּךָ  
הַיּוֹם, עַל לְבָבְךָ.

You shall love Adonai your God with all your heart,  
with all your soul, and with all your might.

Take to heart these instructions with which I charge you this day.

*V’shinantam l’vanecha, v’dibarta*

*bam, b’shivt’cha b’veitecha,*

*uv’lecht’cha vaderech,*

*uv’shochb’cha uv’kumecha.*

*Uk’shartam l’ot al yadecha, v’hayu*

*l’totafot bein einecha. Uch’tavtam*

*al m’zuzot beitecha uvish’arecha.*

וּשְׁנַנְתֶּם לְבָנֵיכֶם, וּדְבַרְתֶּם

בָּם, בְּשִׁיבְתְּכֶם בְּבֵיתְכֶם,

וּבְלֶכְתְּכֶם בַּדֶּרֶךְ,

וּבְשׁוֹכְבְּכֶם, וּבְקוּמְכֶם.

וּקְשַׁרְתֶּם לְאוֹת עַל יָדְכֶם, וְהָיוּ

לְטֹטְפוֹת בֵּין עֵינֵיכֶם. וּכְתַבְתֶּם

עַל מְזוֹזוֹת בֵּיתְכֶם וּבְשַׁעֲרֵיכֶם.

Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

*L'maan tizk'ru, vaasitem et*

*kol mitzvotai, vih'yitem k'doshim*

*l'Eloheichem. Ani Adonai Eloheichem,*

*asher hotzeiti et-chem mei-eretz*

*Mitzrayim lih'yot lachem l'Elohim*

*ani Adonai Eloheichem.*

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת

כָּל מִצְוֹתַי, וְהֵייתֶם קְדוֹשִׁים

לֵאלֹהֵיכֶם. אֲנִי יְיָ אֱלֹהֵיכֶם,

אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ

מִצְרָיִם, לֵהֵיוֹת לָכֶם לֵאלֹהִים,

אֲנִי יְיָ אֱלֹהֵיכֶם.

Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

## Danielle Litoff

The Eternal truth

is that You alone are God and there is none else.

*May the righteous of all nations*

*rejoice in your love and exalt in your justice.*

Let them beat their swords into plowshares  
and their spears into pruning hooks.

*Let nation not lift up sword against nation  
nor learn war anymore.*

You shall not hate your brother or your sister in your heart.

*The stranger that sojourns with you*

*shall be accepted as your equal,*

*for you were strangers in the land of Egypt.*

“Why do you crush my people and oppress the poor?” asks God.

*We know that the Eternal One defends the poor  
and upholds the rights of the needy.*

Praise to God Most High;

blessed is God and deserving of blessing!



*Mi chamochah ba'eilim, Adonai,*

*Mi kamochah nedar bakodesh,*

*nora t'hilot, oseih fele!*

מִי כְּמֹכָה בְּאֱלֹהִים יְיָ,

מִי כְּמֹכָה נְאֻדָּר בְּקֹדֶשׁ,

נֹרָא תְהִלָּת, עֹשֶׂה פִלְא.

Who is like You, O God, among the gods that are worshipped?

Who is like You, majestic in holiness,  
awesome in splendor, working wonders?

*Shirah chadashah*

*shib'chu g'ulim*

*l'shimcha al s'fat hayam.*

*Yachad kulam hodu v'himlichu,*

*v'am'ru:*

*"Adonai yimloch l'olam va·ed."*

שִׁירָה חֲדָשָׁה

שִׁבְּחוּ גְּאוּלִּים

לְשִׁמְךָ עַל שְׂפַת הַיָּם,

יַחַד כְּלָם הוֹדוּ וְהִמְלִיכוּ

וְאָמְרוּ:

יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.

With new song, inspired,  
at the shore of the Sea, the redeemed sang Your praise.

In unison they all offered thanks.

Acknowledging Your Sovereignty, they said;

“Adonai will reign forever!”

*Tzur Yisrael,*

*kumah b'ezrat Yisrael.*

*Ufdeih chinumecha*

*Y'hudah v'Yisrael.*

*Go-aleinu Adonai Tz'vaot sh'mo,*

*k'dosh Yisrael.*

*Baruch atah, Adonai, gaal Yisrael.*

צוֹר יִשְׂרָאֵל,

קוּמָה בְּעֶזְרַת יִשְׂרָאֵל,

וּפְדֵה כְּנַאֲמְךָ

יְהוּדָה וְיִשְׂרָאֵל.

גַּאֲלֵנוּ יְיָ צְבָאוֹת שְׁמוֹ,

קְדוֹשׁ יִשְׂרָאֵל.

בָּרוּךְ אַתָּה יְיָ גַּאֲלֵ יִשְׂרָאֵל.

Rock of Israel, rise in support of Israel  
and redeem Judah and Israel as You promised.  
Our Redeemer, *Adonai Tz'vaot* is Your Name.  
Blessed are You, Adonai, for redeeming Israel.

*Adonai, s'fatai tiftach,  
ufi yagid t'hilatecha.*

אֲדֹנָי, שְׁפֹתַי תִּפְתָּח,  
וּפִי יַגִּיד תְּהִלָּתְךָ.

Adonai, open up my lips,  
that my mouth may declare Your praise.

*Baruch atah, Adonai Eloheinu*

*v'Elohei avoteinu v'imoteinu,*

*Elohei Avraham, Elohei Yitzchak,*

*v'Elohei Yaakov, Elohei Sarah,*

*Elohei Rivkah, Elohei Rachel*

*v'Elohei Leah.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ  
וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,  
אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי  
יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,  
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה,  
אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.

Blessed are You, Adonai our God, God of our fathers and our mothers.

God of Abraham, God of Isaac, and God of Jacob, God of Sarah,

God of Rebecca, God of Rachel, and God of Leah.

*Ha-El hagadol hagibor v'hanora,*

*El elyon, gomeil chasadim tovim,*

*v'konei hakol, v'zocheir*

*chasdei avot v'imahot,*

*umeivi g'ulah liv'nei v'neihem*

*l'maan sh'mo b'ahavah.*

הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא,

אֵל עֶלְיוֹן, גּוֹמֵל חַסְדִּים טוֹבִים,

וְקוֹנֵה הַכּוֹל, וְזוֹכֵר

חַסְדֵי אָבוֹת וְאִמּוֹת,

וּמְבִיא גְאֻלָּה לְבְנֵי בְנֵיהֶם,

לְמַעַן שְׁמוֹ בְּאַהֲבָה.

the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

*Melech ozeir umoshia umagein.*

*Baruch atah Adonai,*

*magein Avraham v'ezrat Sarah.*

מֶלֶךְ עֹזֵר וּמוֹשִׁיעַ וּמַגֵּן.

בָּרוּךְ אַתָּה יְיָ,

מַגֵּן אַבְרָהָם וְעֶזְרַת שָׂרָה.

Sovereign, Deliverer, Helper, and Shield,

Blessed are You, Adonai,

Sarah's Helper, Abraham's Shield.

*Atah gibor l’olam, Adonai,  
m’chayeih hakol [meitim] atah,  
rav l’hoshia.*

*Morid hatal.*

אַתָּה גִבּוֹר לְעוֹלָם אֲדֹנָי,  
מְחַיֶּה הַכֹּל (מֵיַתִּים) אַתָּה,  
רַב לְהוֹשִׁיעַ.

מֹרֵיד הַטַּל.

You are forever mighty, Adonai;  
You give life to all (revive the dead).  
and have a great ability to save.  
You rain dew upon us.



*M’chalkeil chayim b’chesed*

*m’chayei hakol [meitim]*

*b’rachamim rabim,*

*someich noflim,*

*v’rofei cholim,*

*umatir asurim,*

מְכַלְכֵּל חַיִּים בְּחֶסֶד,

מְחַיֶּה הַכֹּל (מֵיָתִים)

בְּרַחֲמִים רַבִּים,

סוֹמֵךְ נוֹפְלִים,

וְרוֹפֵא חוֹלִים,

וּמַתִּיר אֲסוּרִים,

You sustain life through love, giving life to all (reviving the dead)  
through great compassion, supporting the fallen, healing the sick,  
freeing the captive,

*um'kayeim emunato lisheinei afar,*

*Mi chamochah baal g'vurot*

*umi domeh lach, Melech meimit*

*um'chayeh umatzmiach y'shuah.*

*V'ne-eman atah*

*l'hachayot hakol (meitim).*

וּמְקַיִם אֱמוּנָתוֹ לִישְׁנֵי עָפָר,

מִי כְמוֹךָ בַּעַל גְּבוּרוֹת

וּמִי דוֹמֶה לָךְ, מֶלֶךְ מֵמִית

וּמַחְיֶה וּמַצְמִיחַ יְשׁוּעָה.

וְנֶאֱמָן אַתָּה

לְהַחְיֹת הַכֹּל (מֵתִים).

keeping faith with those who sleep in the dust.

Who is like You, Source of mighty acts? Who resembles You,  
a Sovereign who takes and gives life, causing deliverance to spring up  
and faithfully giving life to all (reviving that which is dead)?

בָּרוּךְ אַתָּה יְיָ, מְחַיֶּה הַכּוֹל (הַמֵּתִים).

*Baruch atah Adonai, m'chayeih hakol (hameitim).*

Blessed are You, Adonai, who gives life to all (who revives the dead).

*N'kadeish et shimcha baolam,*

*k'shem shemakdishim*

*oto bishmei marom;*

*kakativ al yad n'vi-echa:*

*V'kara zeh el-zeh v'amar:*

נְקַדֵּשׁ אֶת שִׁמְךָ בְּעוֹלָם,

כְּשֵׁם שִׁמְךָ דִּישִׁים

אוֹתוֹ בְּשָׁמַי מְרוֹם,

כַּכָּתוּב עַל יַד נְבִיאֶךָ,

וְקָרָא זֶה אֶל זֶה וְאָמַר:

Let us sanctify your name on earth,  
as it is sanctified in the heavens above  
as it is written by your prophet:

*"Kadosh, kadosh, kadosh*

קָדוֹשׁ, קָדוֹשׁ, קָדוֹשׁ,

*Adonai tz'vaot,*

יְיָ עֲבֹת,

*m'lo chol-haaretz k'vodo."*

מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ.

*Adir adireinu, Adonai adoneinu*

אֲדִיר אֲדִירָנוּ יְיָ אֱלֹהֵינוּ

*mah-adir shimcha b'chol haaretz.*

מָה אֲדִיר שִׁמְךָ בְּכָל הָאָרֶץ.

*"Holy, holy, holy is Adonai Tz'vaot.*

*God's presence fills the whole earth!"*

*Source of our strength, Sovereign One,*

*how majestic is Your presence in all the earth.*

*"Baruch k'vod-Adonai mim'komo."*      בָּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ.  
*Echad hu eloheinu,*      אֶחָד הוּא אֱלֹהֵינוּ,  
*hu avinu, hu malkeinu,*      הוּא אָבִינוּ, הוּא מַלְכֵנוּ,  
*hu moshi-einu v'hu yashmi-einu*      הוּא מוֹשִׁיעֵנוּ וְהוּא יִשְׁמֵיעֵנוּ  
*b'rachamav l'einei kol chai:*      בְּרַחֲמָיו לְעֵינֵי כָּל חַיִּי.

“Blessed is the presence of God,  
shining forth from where God dwells.”  
God alone is our God and our Creator,  
our Ruler and our Helper; and in mercy,  
God is revealed in the sight of all the living:

*Ani Adonai Eloheichem.*

*“Yimloch Adonai l’olam;*

*Elohayich, Tziyon,*

*l’dor vador, hal’lu-Yah!”*

*L’dor vador nagid godlecha,*

אֲנִי יְיָ אֱלֹהֵיכֶם!

יִמְלֹךְ יְיָ לְעוֹלָם,

אֱלֹהֶיךָ צִיּוֹן,

לְדוֹר וָדוֹר, הַלְלוּיָהּ.

לְדוֹר וָדוֹר נִגִּיד גְּדֻלָּתְךָ,

I am Adonai your God!

“Adonai shall reign forever, your God, O Zion,  
from generation to generation, Hallelujah!”

To all generations we will declare Your greatness,

*Ulneitzach n'tzachim*

*k'dushat'cha nakdish, v'shivchacha,*

*Eloheinu, mipinu lo yamush*

*l'olam va-ed.*

*Baruch atah Adonai, haEl haKadosh.* בָּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

וּלְנִצַּח נִצָּחִים

קְדֻשַׁתְךָ נִקְדִּישׁ, וְשִׁבְחֶךָ,

אֱלֹהֵינוּ, מִפִּינוּ לֹא יִמּוּשׁ

לְעוֹלָם וָעֶד.

and for all eternity proclaim Your holiness.

Your praise, O God, shall never depart from our lips.

Blessed are You, the Holy God.



*V'shamru v'nei Yisrael et HaShabbat,  
laasot et HaShabbat l'dorotam  
b'rit olam.*

*Beini u'vein b'nei Yisrael  
ot hi l'olam,  
ki sheishet yamim asah Adonai  
et hashamayim v'et haaretz,  
u'vayom hashvi-i shavat vayinafash.*

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת,  
לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרוֹתָם  
בְּרִית עוֹלָם.

בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל  
אוֹת הִיא לְעוֹלָם,  
כִּי שֵׁשֶׁת יָמִים עָשָׂה יי  
אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ,  
וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֵשׁ.

The people of Israel shall keep Shabbat,  
observing Shabbat throughout the ages as a covenant for all time.

It is a sign for all time between Me and the people of Israel.

For in six days Adonai made heaven and earth,  
and on the seventh day God ceased from work and was refreshed.

We offer thanks, O God, for this Shabbat  
which unites us in faith and hope.

For Shabbat holiness, which inspires sacred living,  
for Shabbat memories, glowing even in darkness,  
for Shabbat peace, born of friendship and love,  
we offer thanks and blessing, O God.

בְּרוּךְ אַתָּה יְיָ, מְקַדֵּשׁ הַשַּׁבָּת.

*Baruch atah Adonai, m'kadeish haShabbat.*

Find favor, Adonai, our God, with Your people Israel  
and accept their prayer in love.

May the worship of Your people Israel always be acceptable.

God who is near to all who call, turn lovingly to Your servants.

Pour out Your spirit upon us.

For the expanding grandeur of Creation,  
worlds known and unknown, galaxies beyond galaxies,  
filling us with awe and challenging our imaginations,

מוֹדִים אֲנַחְנוּ לָךְ.  
*Modim anachnu lach.*

For this fragile planet earth, its times and tides,  
its sunsets and seasons,

מוֹדִים אֲנַחְנוּ לָךְ.  
*Modim anachnu lach.*

For the joy of human life, its wonders and surprises,  
its hopes and achievements,

מוֹדִים אֲנַחְנוּ לָךְ.  
*Modim anachnu lach.*

For human community, for common past and future hope,  
our oneness transcending all separation, our capacity to work  
for peace and justice in the midst of hostility and oppression,

מוֹדִים אֲנַחְנוּ לָךְ.

*Modim anachnu lach.*

For high hopes and noble causes, for faith without fanaticism,  
for understanding of views not shared,

מוֹדִים אֲנַחְנוּ לָךְ.

*Modim anachnu lach.*

For all who have labored and suffered for a fairer world,  
who have lived so that others might live in dignity and freedom,

מוֹדִים אֲנַחְנוּ לָךְ.

*Modim anachnu lach.*

For human liberties and sacred rites:  
for opportunities to change and grow, to affirm and choose,

מוֹדִים אֲנַחְנוּ לָךְ.

*Modim anachnu lach.*

We pray that we may live not be our fears but by our hopes,  
not by our words but by our deeds.

מוֹדִים אֲנַחְנוּ לָךְ.

*Modim anachnu lach.*

Blessed are You, Adonai, Your Name is Goodness, and You are  
worthy of thanksgiving.

בָּרוּךְ אַתָּה יְיָ, הַטּוֹב שִׁמְךָ וְלָךְ נֶאֱחָה לְהוֹדוֹת.

*Baruch atah, Adonai, hatov shimcha ul'cha na-eh l'hodot.*

*Sim shalom tovah uv'rachah,  
chein vasheshed v'rachamim,  
aleinu v'al kol Yisrael amecha.*

*Barcheinu, yotzreinu, kulanu k'echad  
b'or panecha, ki v'or panecha  
natata lanu, Adonai Eloheinu,*

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה,  
חֵן וְחֶסֶד וְרַחֲמִים,  
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עִמָּךְ.  
בְּרַכְנוּ, יוֹצְרֵנוּ, כֻּלָּנוּ כְּאֶחָד  
בְּאוֹר פָּנֶיךָ, כִּי בְאוֹר פָּנֶיךָ  
נָתַתָּ לָנוּ, יְיָ אֱלֹהֵינוּ,

Grant peace, goodness and blessing, grace, kindness, and mercy  
to us and to all Your people Israel.

Bless us, our Creator, all of us together,  
through the light of Your Presence.

Truly through the light of Your Presence, Adonai, our God,



*Sim shalom tovah uv'rachah,  
chein vasheshed v'rachamim,  
aleinu v'al kol Yisrael amecha.*

*Torat chayim v'ahavat chesed,  
utz'dakah uvrachah v'rachamim  
v'chayim v'shalom,*

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה,  
חֵן וְחֶסֶד וְרַחֲמִים,  
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עַמְּךָ.  
תּוֹרַת חַיִּים וְאַהֲבַת חֶסֶד,  
וְצִדְקָה וּבְרָכָה וְרַחֲמִים  
וְחַיִּים וְשְׁלוֹם,

Grant peace, goodness and blessing, grace, kindness, and mercy  
to us and to all Your people Israel.

You gave us a Torah of life –  
the love of kindness, justice, and blessing,  
mercy, life, and peace.

*Sim shalom tovah uv'rachah,  
chein vashesh v'rachamim,  
aleinu v'al kol Yisrael amecha.*

*V'tov beinecha l'vareich  
et amcha Yisrael  
b'chol eit uv'chol sha'ah  
bishlomecha.*

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה,  
חֵן וְחֶסֶד וְרַחֲמִים,  
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עִמָּךְ.  
וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ  
אֶת עַמָּךְ יִשְׂרָאֵל  
בְּכָל עֵת וּבְכָל שָׁעָה  
בְּשָׁלוֹמְךָ.

Grant peace, goodness and blessing, grace, kindness, and mercy  
to us and to all Your people Israel.

May You see fit to bless Your people Israel  
at all times, at every hour, with Your peace.

Praised are You, Adonai, who blesses Your people Israel with peace.

בָּרוּךְ אַתָּה יְיָ, הַמְבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשָׁלוֹם.

*Baruch atah, Adonai, ham'vareich et amo Yisrael bashalom.*

We take a moment  
for silent prayer.

*Oseh shalom bimromav,  
hu ya'aseh shalom aleinu,  
v'al kol Yisrael,  
v'al kol yoshvei teivel,  
v'imru: Amen.*

עֹשֶׂה שְׁלוֹם בְּמִרְוּמָיו,  
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל,  
וְעַל כָּל יוֹשְׁבֵי תֵבֵל,  
וְאָמְרוּ אָמֵן.

May the One who makes peace in the high heavens make peace for us,  
for all of Israel and all who inhabit the earth. Amen.

Happy is the one who finds wisdom,  
The one who gains understanding;  
For its value is greater than silver, its yield than fine gold.  
It is more precious than rubies, no treasure can match it.

*Ki mitziyon teitzei Torah,  
udvar Adonai miY'rushalayim.*

כִּי מִצִּיּוֹן תֵּיָצֵא תּוֹרָה,  
וּדְבַר יְיָ מִירוּשָׁלַיִם.

From out of Zion will come the Torah,  
and the word of Adonai from Jerusalem.

*Baruch shenatan Torah  
l'amo Yisrael bikdushato.*

בָּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ  
יִשְׂרָאֵל בְּקִדְשׁוֹ.

Blessed is God who in holiness gave  
the Torah to the people Israel.

*Sh'ma Yisrael, Adonai Eloheinu,  
Adonai Echad!*

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ,  
יְיָ אֶחָד.

Hear, O Israel, Adonai is our God,  
Adonai is One.



*Echad eloheinu, gadol adoneinu,*      אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנָינוּ,  
*kadosh sh'mo.*                                      קְדוֹשׁ שְׁמוֹ.

Our God is One, Adonai is great,  
holy is God's name.

*Gadlu l'Adonai iti,*                                      גְּדְלוּ לַיְי אֱתִי,  
*un'rom'mah sh'mo yachdav.*                      וְרוֹמְמָה שְׁמוֹ יַחְדָּו.

Exalt Adonai with me,  
let us extol God's name together.

*L'cha, Adonai, hag'dulah,  
v'hag'vurah, v'hatiferet,  
v'haneitzach, v'hahod—  
ki-chol bashamayim uvaaretz.  
L'cha, Adonai, hamamlachah  
v'hamitnasei, l'chol l'rosh.*

לְךָ, יְיָ, הַגְּדֹלָה  
וְהַגְּבוּרָה, וְהַתְּפִאָּרֶת,  
וְהַנִּצָּחַת, וְהַהוֹד,  
כִּי־כֹל בַּשָּׁמַיִם וּבָאָרֶץ.  
לְךָ, יְיָ, הַמַּמְלָכָה  
וְהַמִּתְנַשֵּׂא, לְכֹל לְרֹאשׁ.

Yours, Adonai, is the greatness, might, splendor, triumph,  
and majesty—yes, all that is in heaven and on earth;  
To You, Adonai, belong sovereignty and preeminence above all.

*Al sh’loshah d’varim haolam omeid:*      **עַל נְשִׁלְשָׁה דְּבָרִים הָעוֹלָם עוֹמֵד:**  
*al HaTorah v’al haavodah*                      **עַל הַתּוֹרָה וְעַל הָעֲבוֹדָה**  
*v’al g’milut chasadim.*                              **וְעַל גְּמִילוֹת חֶסֶדִים.**

The WORLD is sustained by three things:  
Torah, worship and loving deeds.

*Rom’mu Adonai Eloheinu,  
v’hishtachavu l’har kodsho,  
ki kadosh Adonai Eloheinu.*

רוֹמְמוּ יְיָ אֱלֹהֵינוּ,  
וְהִשְׁתַּחֲוּוּ לְהַר קְדֹשׁוֹ,  
כִּי קָדוֹשׁ יְיָ אֱלֹהֵינוּ.

Exalt Adonai our God  
and bow down to ward God’s holy mountain,  
for Adonai is holy.

# Introduction to the Torah Service

# First Aliyah

Leviticus 9:17-21

We call Lila Halpern and Jeff Halpern to the  
Torah for the first aliyah.

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*Bar'chu et Adonai ham'vorach.*

*Baruch Adonai ham'vorach*

*l'olam va-ed.*

*Baruch Adonai ham'vorach*

*l'olam va-ed.*

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.

בְּרוּךְ יְיָ הַמְּבָרָךְ

לְעוֹלָם וָעֶד.

בְּרוּךְ יְיָ הַמְּבָרָךְ

לְעוֹלָם וָעֶד.

Bless Adonai who is blessed.

Blessed is Adonai who is blessed  
now and forever.

Blessed is Adonai who is blessed  
now and forever.



*Baruch atah, Adonai*

*Eloheinu, Melech haolam,*

*asher bachar banu mikol haamim,*

*v'natan lanu et Torato.*

*Baruch atah, Adonai, notein haTorah.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the universe, who has chosen us from among the peoples, and given us the Torah. Blessed are You, Adonai, who gives the Torah.

9:17 He then brought forward the meal offering and, taking a handful of it, he turned it into smoke on the altar—in addition to the burnt offering of the morning. 18 He slaughtered the ox and the ram, the people’s sacrifice of well-being. Aaron’s sons passed the blood to him—which he dashed against every side of the altar—19 and the fat parts of the ox and the ram: the broad tail, the covering [fat], the kidneys, and the protuberances of the livers. 20 They laid these fat parts over the breasts; and Aaron turned the fat parts into smoke on the altar, 21 and elevated the breasts and the right thighs as an elevation offering before the Eternal—as Moses had commanded.

9:17 וַיִּקְרַב אֶת־הַמִּנְחָה וַיִּמְלֵא כַפּוֹ מִמֶּנָּה  
 וַיִּקְטֹר עַל־הַמִּזְבֵּחַ מִלֶּבֶד עֲלֹת הַבֶּקָר:  
 18 וַיִּשְׁחַט אֶת־הַשּׂוֹר וְאֶת־הָאֵיל זָבַח  
 הַשְּׁלָמִים אֲשֶׁר לָעָם וַיִּמְצְאוּ בְנֵי אֱהֲרֹן  
 אֶת־הַדָּם אֲלָיו וַיִּזְרְקוּהוּ עַל־הַמִּזְבֵּחַ סָבִיב:  
 19 וְאֶת־הַחֲלָבִים מִן־הַשּׂוֹר וּמִן־הָאֵיל  
 הָאֲלֵיָהּ וְהַמְּכֹסֶה וְהַכִּלְיֹת וַיִּתְּרֵת הַכֶּבֶד:  
 20 וַיִּשְׂיֵמוּ אֶת־הַחֲלָבִים עַל־הַחֲזוֹת וַיִּקְטֹר  
 הַחֲלָבִים הַמִּזְבְּחָה: 21 וְאֵת הַחֲזוֹת וְאֵת שׁוֹק  
 הַיָּמִין הַגֵּיף אֱהֲרֹן תְּנוֹפֶה לִפְנֵי יְיָ כַּאֲשֶׁר  
 צִוָּה מֹשֶׁה:

*Baruch atah, Adonai*

*Eloheinu, Melech haolam,*

*asher natan lanu Torat emet,*

*v'chayei olam nata b'tocheinu.*

*Baruch atah Adonai,*

*notein haTorah.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,

וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.

בָּרוּךְ אַתָּה יְיָ,

נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the universe, who has given us a Torah of truth, implanting within us eternal life.

Blessed are You, Adonai, who gives the Torah.

Second Aliyah

Leviticus 9:22-24

We call Jennifer, Josh, and Jacob  
Bainton to the Torah for the second  
aliyah.

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*Bar'chu et Adonai ham'vorach.*

*Baruch Adonai ham'vorach*

*l'olam va-ed.*

*Baruch Adonai ham'vorach*

*l'olam va-ed.*

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.

בְּרוּךְ יְיָ הַמְּבָרָךְ

לְעוֹלָם וָעֶד.

בְּרוּךְ יְיָ הַמְּבָרָךְ

לְעוֹלָם וָעֶד.

Bless Adonai who is blessed.

Blessed is Adonai who is blessed  
now and forever.

Blessed is Adonai who is blessed  
now and forever.

*Baruch atah, Adonai*

*Eloheinu, Melech haolam,*

*asher bachar banu mikol haamim,*

*v'natan lanu et Torato.*

*Baruch atah, Adonai, notein haTorah.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the universe, who has chosen us from among the peoples, and given us the Torah. Blessed are You, Adonai, who gives the Torah.

<sup>22</sup>Aaron lifted his hands toward the people and blessed them; and he stepped down after offering the purgation offering, the burnt offering, and the offering of well-being. <sup>23</sup>Moses and Aaron then went inside the Tent of Meeting. When they came out, they blessed the people; and the Presence of the Eternal appeared to all the people. <sup>24</sup>Fire came forth from before the Eternal and consumed the burnt offering and the fat parts on the altar. And all the people saw, and shouted, and fell on their faces.

<sup>22</sup> וַיִּשָּׂא אֶהָרוֹן אֶת-יָדָיו [יָדָיו]  
אֶל-הָעָם וַיְבָרֶכֶם וַיֵּרֵד מִעֲשֹׂת הַחֲטָאֹת  
וַהֲעֵלָה וְהִשְׁלָמִים: <sup>23</sup> וַיָּבֹא מֹשֶׁה  
וְאַהֲרֹן אֶל-אֹהֶל מוֹעֵד וַיִּצְאֻ וַיְבָרְכוּ  
אֶת-הָעָם וַיֵּרָא כְבוֹד-יְיָ אֶל-כָּל-הָעָם:  
[שְׁלִישִׁי] <sup>24</sup> וַתֵּצֵא אֵשׁ מִלְּפָנֵי יְיָ  
וַתֹּאכַל עַל-הַמִּזְבֵּחַ אֶת-הָעֹלָה  
וְאֶת-הַחֲלָבִים וַיֵּרָא כָּל-הָעָם וַיִּרְאוּ  
וַיִּפְּלוּ עַל-פְּנֵיהֶם:



*Baruch atah, Adonai*

*Eloheinu, Melech haolam,*

*asher natan lanu Torat emet,*

*v'chayei olam nata b'tocheinu.*

*Baruch atah Adonai,*

*notein haTorah.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,

וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.

בָּרוּךְ אַתָּה יְיָ,

נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the universe, who has given us a Torah of truth, implanting within us eternal life.

Blessed are You, Adonai, who gives the Torah.

Family Names for Healing:  
John and Ginger Wyman

---

*Mi shebeirach avoteinu*

*M'kor hab'rachah l'imoteinu.*

מִי שֶׁבֵרַךְ אֲבוֹתֵינוּ

מִקּוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ.

May the source of strength,  
Who blessed the ones before us,  
Help us find the courage  
to make our lives a blessing,  
and let us say, Amen.

*Mi shebeirach imoteinu*

*M'kor habrachah laavoteinu .*

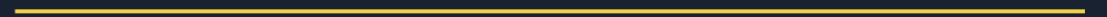
מִי שֶׁבֵרַךְ אִמּוֹתֵינוּ

מִקּוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.

Bless those in need of healing  
with *r'fuah sh'leimah*,  
The renewal of body,  
the renewal of spirit,  
And let us say, Amen.

# Third Aliyah

Leviticus 10:1-3



We call Jemma Bainton to the Torah,  
from her 13th birthday a bat mitzvah, for  
the third aliyah.

---

*Bar'chu et Adonai ham'vorach.*

*Baruch Adonai ham'vorach*

*l'olam va-ed.*

*Baruch Adonai ham'vorach*

*l'olam va-ed.*

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.

בְּרוּךְ יְיָ הַמְּבָרָךְ

לְעוֹלָם וָעֶד.

בְּרוּךְ יְיָ הַמְּבָרָךְ

לְעוֹלָם וָעֶד.

Bless Adonai who is blessed.

Blessed is Adonai who is blessed  
now and forever.

Blessed is Adonai who is blessed  
now and forever.

*Baruch atah, Adonai*

*Eloheinu, Melech haolam,*

*asher bachar banu mikol haamim,*

*v'natan lanu et Torato.*

*Baruch atah, Adonai, notein haTorah.*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the universe, who has chosen us from among the peoples, and given us the Torah. Blessed are You, Adonai, who gives the Torah.

<sup>10:1</sup>Now Aaron's sons Nadab and Abihu each took his fire pan, put fire in it, and laid incense on it; and they offered before the Eternal alien fire, which had not been enjoined upon them. <sup>2</sup>And fire came forth from the Eternal and consumed them; thus they died at the instance of the Eternal. <sup>3</sup>Then Moses said to Aaron, “This is what the Eternal meant by saying:

10:1 וַיִּקְחוּ בְנֵי-אֱהֶרֶן נָדָב וַאֲבִיהוּא  
 אֵשׁ מִחֶתְתּוֹ וַיִּתְּנוּ בָהֶן אֵשׁ וַיַּעֲשִׂימוּ  
 עָלֶיהָ קִטְוֹת וַיִּקְרִיבוּ לִפְנֵי יְיָ אֵשׁ זָרָה  
 אֲשֶׁר לֹא צִוָּה אֹתָם: <sup>2</sup> וַתֵּצֵא אֵשׁ  
 מִלִּפְנֵי יְיָ וַתֹּאכַל אוֹתָם וַיָּמָתוּ לִפְנֵי יְיָ:  
<sup>3</sup> וַיֹּאמֶר מֹשֶׁה אֶל-אֱהֶרֶן הוּא  
 אֲשֶׁר-דִּבֶּר יְיָ | לֵאמֹר בְּקִרְבִּי אֶקְדֹּשׁ  
 וְעַל-פְּנֵי כָל-הָעָם אֶכָּבֵד וַיִּזֶם אֱהֶרֶן:



בָּרוּךְ אַתָּה יְיָ

*Baruch atah, Adonai*

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

*Eloheinu, Melech haolam,*

אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,

*asher natan lanu Torat emet,*

וְחַיֵּי עוֹלָם נִטְעַ בְּתוֹכָנוּ.

*v'chayei olam nata b'tocheinu.*

בָּרוּךְ אַתָּה יְיָ,

*Baruch atah Adonai,*

נוֹתֵן הַתּוֹרָה.

*notein haTorah.*

Blessed are You, Adonai our God, Sovereign of the universe, who has given us a Torah of truth, implanting within us eternal life.

Blessed are You, Adonai, who gives the Torah.

*Taamodnah haMagbihah  
v'haGoleilet.*

תַּעֲמוֹדְנָה הַמַּגְבִּיחָה  
וְהַגּוֹלֵילֶת.

We call on John Luis Gomez and Ramona Eiser  
to lift and dress the Torah. We all rise.

*V'zot HaTorah*

*asher sam Mosheh*

*lif'nei b'nei Yisrael,*

*al pi Adonai b'yad Mosheh.*

וְזֹאת הַתּוֹרָה

אֲשֶׁר שָׂם מֹשֶׁה

לְפָנֵי בְנֵי יִשְׂרָאֵל,

עַל פִּי יְיָ בְּיַד מֹשֶׁה.

This is the Torah which Moses placed  
before the people of Israel,  
God's word through the hand of Moses.

# Rabbi Sara Zober

Source of all being,  
may the children of this community learn these passions from us:  
love of Torah, devotion in prayer, and support of the needy.  
May we guide with integrity, and may our leadership be in Your  
service.  
May those who teach and nourish us be blessed with satisfaction,  
and may we appreciate their time and their devotion.  
Bless us with the fruits of wisdom and understanding,  
and may our efforts bring fulfillment and joy.

בָּרוּךְ אַתָּה יְיָ, שְׂאוֹתֶךָ לְבִדְךָ בְּיִרְאַה נַעֲבֹד.

*Baruch atah Adonai, she-ot'cha l'vad'cha b'yirah naavod.*

# Andrea Edge & Denise Nunez

O Guardian of life and liberty,  
may our nation always merit Your protection.  
Teach us to give thanks for what we have  
by sharing it with those who are in need.  
Keep our eyes open to the wonders of creation,  
and alert to the care of the earth.  
May we never be lazy in the work of peace;  
may we honor those who have died in defense of our ideals.  
Grant our leaders wisdom and forbearance.  
May they govern with justice and compassion.  
Help us all to appreciate one another ,  
and to respect the many ways that we may serve You.  
May our homes be safe from affliction and strife,  
and our country be sound in body and spirit.  
Amen.

# Michael Cohen

O Heavenly One, Protector and Redeemer of Israel,  
bless the State of Israel  
which marks the dawning of hope for all who seek peace.  
Shield it beneath the wings of Your love;  
spread over it the canopy of Your peace;  
send Your light and truth to all who lead and advise,  
guiding them with Your good counsel.  
Establish peace in the land and fullness of joy for all who dwell there.  
Amen.

*Eitz chayim hi lamachazikim bah,* עֵץ חַיִּים הִיא לַמַּחֲזִיקִים בָּהּ,  
*v'tom'cheha m'ushar.* וְתַמְכֶיהָ מֵאֲשָׁר.

*D'rachehah darchei no-am,* דַּרְכֶיהָ דַרְכֵי נְעִם,  
*v'chol n'tivotecha shalom.* וְכָל נְתִיבוֹתֶיהָ שָׁלוֹם.

*Hashiveinu Adonai eilecha v'nashuvah,* הַשִּׁיבֵנו יְיָ אֱלֹהֶיךָ וְנָשׁוּבָה,  
*chadeish yameinu k'kedem.* חַדֵּשׁ יָמֵינוּ כְּקֵדֶם.

It is a tree of life for those who hold fast to it,  
and all its supporters are happy.

Its ways are ways of pleasantness and all its paths are peace.

Return to You, Adonai, and we will return; renew our days as of old.

D'var Torah  
Jemma Bainton



*Aleinu l'shabei-ach laadon hakol,*

*lateit g'dulah l'yotzeir b'reishit,*

*shelo asanu k'goyei haaratzot,*

*v'lo samanu k'mishp'chot haadamah.*

*Shelo sam chelkeinu kahem,*

*v'goraleinu k'chol hamonam.*

עָלֵינוּ לְשַׁבֵּחַ לְאֲדוֹן הַכֹּל,  
לְתַת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,

שֶׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת,

וְלֹא שָׂמְנוּ כְּמִשְׁפְּחוֹת הָאָדָמָה.

שֶׁלֹא שָׂם חֵלְקֵנוּ כִּהֵם,

וְגָרְלָנוּ כְּכֹל-הַמּוֹנֵם.

Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who has set us apart from the other families of the earth, giving us a destiny unique among the nations.

*Vaanachnu kor'im  
umishtachavim umodim,  
lifnei Melech  
mal'chei hamlachim  
HaKadosh Baruch Hu.*

וַאֲנַחְנוּ כּוֹרְעִים  
וּמִשְׁתַּחֲוִים וּמוֹדִים,  
לְפָנַי מֶלֶךְ,  
מַלְכֵי הַמְּלָכִים  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

We bend the knee and bow,  
acknowledging the supreme Sovereign,  
the Holy One of Blessing.

Let the time not be distant, O God,  
when all shall turn to You in love,  
when corruption and evil shall give way to integrity and goodness,  
when superstition shall no longer enslave the mind,  
nor idolatry blind the eye.

O may all, created in Your image,  
become one in spirit and one in friendship,  
forever united in Your service.

Then shall Your realm be established on earth,  
and the word of Your prophet fulfilled:  
“Adonai will reign for ever and ever.”

*V'ne-emar, v'hayah Adonai*

*l'Melech al kol Haaretz.*

*Bayom hahu yih'yeh*

*Adonai echad ush'mo echad.*

וְנֵאמַר, וְהָיָה יְיָ  
לְמֶלֶךְ עַל כָּל הָאָרֶץ.

בַּיּוֹם הַהוּא יִהְיֶה

יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

Thus it has been said, Adonai  
will be Sovereign over all the earth.

On that day, Adonai will be one,  
and God's Name will be one.”

*Zichronam livrachah —*

— זְכוֹרֹתָם לְבִרְכָה

May their memories be a blessing.

---

We remember  
especially these  
members of Jemma's  
family:

Malka Badaines  
Emanuel Halpern  
Beverly Anderson  
Robert Bainton  
Barry Anderson

*Yitgadal v'yitkadash sh'meih raba,  
b'alma di v'ra chiruteih.*

*V'yamlich malchuteih  
b'chayeichon uvyomeichon,  
uvchayei d'chol-beit Yisrael,  
baagala uvizman kariv.*

*V'imru: Amen.*

*Y'hei sh'meih raba m'varach  
l'alam ul-almei almaya.*

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.  
בְּעַלְמָא דִּי בְרָא כְרַעוּתֵיהּ,  
וְיַמְלִיךְ מַלְכוּתֵיהּ  
בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן  
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,  
בְּעֵגְלָא וּבְזִמַּן קָרִיב,  
וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ  
לְעָלָם וּלְעָלְמֵי עָלְמֵיָא.

*Yitbarach v'yishtabach v'yitpaar*

*v'yitromam v'yitnasei*

*v'yit-hadar v'yitaleh v'yit-halal*

*sh'meih d'kudsha, B'rich Hu,*

*l'eila min kol*

*birchata v'shirata,*

*tushb'chata v'nechemata,*

*daamiran b'alma.*

*V'imru: Amen.*

יְתַבְרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר

וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר

וְיִתְעַלֶּה וְיִתְהַלָּל

שְׁמֵיהּ דְּקֻדְשָׁא בְּרִיךְ הוּא,

לְעֵלָא מִן כָּל

בְּרַכְתָּא וְשִׁירָתָא,

תְּשׁוּבָתָא וְנַחֲמָתָא,

דְּאִמְיָרוּן בְּעֵלְמָא.

וְאָמְרוּ: אָמֵן.



*Y'hei sh'lama raba min sh'maya,*

*v'chayim aleinu v'al kol-Yisrael.*

*V'imru: Amen.*

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָא,

וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל.

וְאָמְרוּ: אָמֵן.

*Oseh shalom bimromav,*

*hu yaaseh shalom aleinu*

*v'al kol-Yisrael*

*V'imru: Amen.*

עֹשֶׂה שְׁלוֹם בְּמְרוֹמָיו,

הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ

וְעַל כָּל יִשְׂרָאֵל.

וְאָמְרוּ: אָמֵן.

May the Source of peace send peace to all who mourn,  
and comfort to all who are bereaved. Amen.

# Announcements

// Saturday, April 26 //

-- No Torah Study (Will resume via Zoom on May 10 at 10:00 am. Visit [SinaiReno.org/TorahStudy](http://SinaiReno.org/TorahStudy) for details.)

-- 10:00 am Bat Mitzvah of Jemma Bainton led by Rabbi Sara Zober

We're grateful to Board Secretary Michael Cohen for warmly welcoming us as greeter. Special thanks to Board VP Michael Gorden for ensuring our livestream runs seamlessly, and to the Bainton Family for hosting the Kiddush lunch after service in honor of Jemma Bainton on her Bat Mitzvah. Todah rabbah to all our amazing volunteers!

Your efforts help make our Shabbat gatherings welcoming, meaningful, and festive!

Volunteer to chant Torah at our Shabbat service! No experience needed. Practice recordings available. Contact the Rabbis Zober ([rabbi@sinaireno.org](mailto:rabbi@sinaireno.org)) to sign up.

If you are interested in joining the Shabbat livestream tech team, please contact Michael Gorden ([vp@sinaireno.org](mailto:vp@sinaireno.org)).

-- Yism'zoom (for those who are online)

Join us on Zoom for a virtual Oneg with live video after service. Visit [SinaiReno.org/LIVE](http://SinaiReno.org/LIVE) for details to participate.

To host an in-person Oneg at Temple Sinai, sign up at [www.SinaiReno.org/Oneg](http://www.SinaiReno.org/Oneg).

# Announcements

(Continued)

// Sunday, April 27 //

-- 9:30 am Sinai School & Weekday Family  
T'filah

-- 1:00 pm Who Nu? "I Met You at Sinai"  
featuring Darryl Dworkin

-- 2:30 on Sabbatical Sendoff for the Rabbis  
Zober

// Friday, May 2 //

-- 5:30 pm Tot Shabbat Service (in person  
only)

-- 7:30 pm Kabbalat Shabbat Service

// Saturday, May 3 //

-- 10:00 am Bat Mitzvah of Ramona Eiser

// Sunday, May 4 //

-- 9:30 am Sinai School & Weekday Family  
T'filah

-- 1:00 pm "Preserve Your Treasures!"  
featuring Elspeth Olson and presented by  
the Temple Sinai Library

// Tuesday, May 6 //

-- 6:00 pm Movie Night

# Announcements

(Continued)

// Friday, May 9 //

-- 7:30 pm Kabbalat Shabbat Service

// Saturday, May 10 //

-- 10:00 am Torah Study via Zoom

// Renewal Oneg Challenge //

-- Accept our “Renewal Oneg Challenge” and sign up to host or sponsor an Oneg Shabbat. Visit [SinaiReno.org/Oneg](http://SinaiReno.org/Oneg) for information.

// Sinai Library //

-- To browse the collection, please visit [SinaiReno.org/Catalog](http://SinaiReno.org/Catalog). To access our virtual collection or browse our upcoming events, visit [SinaiReno.org/Library](http://SinaiReno.org/Library). Questions? Email [Library@SinaiReno.org](mailto:Library@SinaiReno.org).

# Announcements

(Continued)

## Support Us by Donating via...

- Credit Card: [SinaiReno.org/Donate](http://SinaiReno.org/Donate)
- Check: Temple Sinai, 3405 Gulling Road, Reno, NV 89503

## Staying In Touch...

As always, you can contact Temple Sinai and stay in touch through the Temple Office, email, our website, on Facebook, and on Instagram.

Contact Mike in the Temple office at [admin@sinaireno.org](mailto:admin@sinaireno.org) or 775-747-5508 to have a name added to our Mi Shebeirach list. Also, contact Mike if you are not already on our email list and would like to receive our updates, or visit [SinaiReno.org/newsletter](http://SinaiReno.org/newsletter) and click the link to add your name.

## Become a Temple Member...

- Email our Membership Chair at [Membership@SinaiReno.org](mailto:Membership@SinaiReno.org)
- Visit our Membership page at: [SinaiReno.org/Membership](http://SinaiReno.org/Membership)
- Rabbi Benjamin Zober - 775-629-6011, [rabbibenjamin@sinaireno.org](mailto:rabbibenjamin@sinaireno.org)
- Rabbi Sara Zober - 775-629-6159, [rabbisara@sinaireno.org](mailto:rabbisara@sinaireno.org)
- Tova McGilvray, President – 775-223-9519, [president@sinaireno.org](mailto:president@sinaireno.org)
- Mike Stombaugh, Temple Administrator - 775-747-5508, [admin@sinaireno.org](mailto:admin@sinaireno.org)

Additional information can be found online at:

**[www.SinaiReno.org](http://www.SinaiReno.org)**

## ADON OLAM

*Adon olam asher malach,*

*b'terem kol y'tzir nivra.*

*L'eit naasah v'cheftzo kol,*

*azai Melech sh'mo nikra.*

אֲדוֹן עוֹלָם אֲשֶׁר מָלַךְ,

בְּטֵרֵם כּוֹל יִצְרֵר נִבְרָא.

לְעֵת נַעֲשָׂה בְּחִפְצוֹ כּוֹל,

אֲזַי מֶלֶךְ שְׁמוֹ נִקְרָא.

You are our Eternal God,  
who reigned before any being had been created;  
when all was done according to Your will,  
then You were called Ruler.

*V'acharei kichlot hakol,*

*I'vado yimloch nora.*

*V'hu hayah, v'hu hoveh,*

*v'hu yih'yeh, b'tifarah.*

וְאַחֲרַי כְּכֹלֹת הַכֹּל,

לְבַדּוֹ יִמְלֹךְ נֹרָא.

וְהוּא הָיָה, וְהוּא הוֹבֵה,

וְהוּא יִהְיֶה, בְּתִפְאָרָה.

And after all ceases to be, You alone will rule in majesty.

You have been, are yet, and will be in glory.

*V'hu echad v'ein sheini.*

*L'hamshil lo l'hachbirah.*

*B'li reishit b'li tachlit,*

*v'lo hoaz v'hamisrah.*

וְהוּא אֶחָד וְאֵין שֵׁנִי,  
לְהַמְשִׁיל לוֹ לְהַחְבִּירָה.  
בְּלִי רֵאשִׁית בְּלִי תַחֲלִית,  
וְלֹו הָעֶז וְהַמְשָׁרָה.

And You are One; none other can compare to or consort with You.

You are without beginning, without end.

To You belong power and dominion.



*V'hu Eli v'chai go-ali,  
v'tzur chevli b'eit tzarah.  
V'hu nisi umanos li  
m'nat kosi b'yom ekra.*

וְהוּא אֱלֹהֵי וְחַי גְּאֲלִי,  
וְצוּר חֵבְלֵי בְּעֵת צָרָה.  
וְהוּא נִסִּי וּמָנוֹס לִי  
מִנַּת כּוֹסֵי בְּיוֹם אֶקְרָא.

And You are my God, my living Redeemer,  
my Rock in times of trouble and distress.  
You are my standard bearer and my refuge,  
my benefactor when I call on You.

*B'yado afkid ruchi,  
b'eit ishan v'a-irah.  
V'im ruchi g'viyati,  
Adonai li v'lo ira.*

בְּיָדוֹ אֶפְקִיד רוּחִי,  
בְּעֵת אִישָׁן וְאֶעֱרָה.  
וְעִם רוּחִי גְוִיָּתִי,  
יְיָ לִי וְלֹא אֵירָא.

Into Your hands I entrust my spirit,  
when I sleep and when I wake,  
and with my spirit my body also;  
Adonai is with me and I shall not fear.

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*borei p’ri hagafen.*

*Baruch atah Adonai*

*Eloheinu Melech haolam,*

*asher kid’shanu b’mitzvotav*

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

בוֹרֵא פְרֵי הַגָּפֶן.

בָּרוּךְ אַתָּה יְיָ

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו

Praise to You, Adonai our God, Sovereign of the universe,  
Creator of the fruit of the vine.

Praise to You, Adonai our God, Sovereign of the universe who,  
finding favor with us, sanctified us with mitzvot,

*V'ratzah vanu,*

וְרָצָה בָּנוּ,

*V'shabbat kodsho b'ahavah*

וְשַׁבַּת קֹדֶשׁוֹ בְּאַהֲבָה

*Uv'ratzon hinchilanu*

וּבְרָצוֹן הִנְחִילָנוּ

*Zikaron l'maaseh v'reishit,*

זְכוֹרֹן לַמַּעֲשֵׂה בְּרֵאשִׁית,

*Ki hu yom t'chilah*

כִּי הוּא יוֹם תְּחִלָּה

*L'mikra-ei kodesh,*

לְמִקְרָאֵי קֹדֶשׁ,

In love and favor,

You made the holy Shabbat our heritage  
as a reminder of the work of Creation.

As first among our sacred days,

*Zeicher l'tzi-at Mitzrayim,  
Ki vanu vacharta v'otanu  
Kidashta mikol ha-amim,  
V'shabbat kodsh'cha b'ahavah  
Uv'ratzon hinchaltanu.  
Baruch atah Adonai  
M'kadeish hashabbat.*

זְכוֹר לִיצִיאַת מִצְרָיִם,  
כִּי בָנוּ בְחֵרְתָּ וְאוֹתָנוּ  
קִדְשָׁתָּ מִכָּל הָעַמִּים,  
וְשַׁבַּת קִדְשְׁךָ בְּאַהֲבָה  
וּבְרָצוֹן הִנְחַלְתָּנוּ.  
בָּרוּךְ אַתָּה יְיָ,  
מְקַדֵּשׁ הַשַּׁבָּת.

It recalls the Exodus from Egypt. You chose us and set us apart from the peoples. In love and favor You have given us Your holy Shabbat as an inheritance. Praise to You, Adonai, who sanctifies Shabbat.

## HAMOTZI

*Baruch atah, Adonai Eloheinu,*

*Melech haolam,*

*hamotzi lechem min haaretz.*

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ,

מֶלֶךְ הָעוֹלָם,

הַמּוֹצֵיא לֶחֶם מִן הָאָרֶץ.

Our praise to You, Adonai our God, Sovereign of the universe,  
who brings forth bread from the earth.

SHABBAT SHALOM

from Temple Sinai!

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