

Shopping List

for Rosh HaShanah Seder

We will touch upon all of these symbols over the course of the evening. Feel free to make them into small, tapas-style dishes instead of having a raw “tasting.” We have included pareve or dairy (easily made pareve) recipes in the links under “Possible Dishes” to give you ideas. When the rabbis of the Talmud were having their Rosh Hashanah Seder, they would have had many small tapas-style dishes on the table, to mimic the bounty of a huge meal without the huge cost. Feel free to be creative!

Siman (Symbol)	Traditional	Substitutes	Possible Dishes
Kiddush	Wine	Grape juice	
Candles			You can purchase at the Temple Gift shop!
Challah	round		How to round braid tutorial
Tamar	Dates		Stuffed dates 8 ways
Rimon	Pomegranate		Shredded Cabbage Salad with Pomegranate and Tomatoes
Rubia	Green string beans or sesame seeds	Mixed sesame seeds and sugar	Green beans with lemon and garlic
Karti	Leeks or scallions		Pajeori (Korean Spicy Green Onions)
Silka	Beets or beetroot leaves		Balsamic Roasted Beets
Kara	Pumpkin or gourd		Kaddo Bourani
Gezer	Carrots		Gajar KaHalwa
Rosh	Fish head, fish candies or crackers	Head of lettuce, head of beer	How to Roast a Whole Fish
Tapuchim	Apples and honey		Apple and Honey Recipes