

There are many doors to use to access Torah (teachings, wisdom). Which feel most natural to you? Do they seem to be sufficient, or do you need to try some others this year?

In the liturgy, we pray for a balance mercy and justice. When is this balance most important, and how can we make that decision in our own lives?

Who are you missing this year at the Holidays, and what memories do you have of them? What would they have loved to know they left as a legacy?

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Yom Kippur Journaling Prompts

If you fell short in personal relationships this year, what are your strategies for making different choices this year?

Have you ever held back asking someone for forgiveness? Perhaps you thought they would say no, or it feels countercultural. How can you move past that?

'Who by fire' can be a controversial prayer. Some think it attempts to motivate us through fear; others see it as nihilistic. What motivates you to live up to your values in a sustained way?

Are there any areas of your life where you were 'nice' this year, but didn't pursue good, necessary action? How can you resource yourself this year to put active good into the world?